IMPORTANCE OF HEALTH SAFETY AND CHILD PROTECTION IN K12 SCHOOLS

by

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Dedication

I dedicate this dissertation to Founder Chairman Sri S.R.N. Mudiraj of Johnson Grammar School, whose visionary leadership has fostered a nurturing environment for the pursuit of knowledge and the betterment of young minds. I also dedicate this work to the entire Johnson Grammar School Community - staff, parents, and students - with whom I have had the privilege of working towards the cause of education for the past 40 years. Their unwavering support and commitment to serve the young minds have been a constant source of inspiration.

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B. Chandra Sekhar

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ABSTRACT

IMPORTANCE OF HEALTH SAFETY AND CHILD PROTECTION IN K12 SCHOOLS

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<2025>

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For providing students with a safe and secure learning environment, health and safety and child protection are essential elements. Safeguarding children's physical and emotional safety during their school days requires the implementation of several crucial procedures. Although child protection standards shield pupils from harm and neglect, health and safety procedures shield them from potential dangers like fire and infectious illnesses. Schools need to have procedures and regulations in place to avoid or tackle any threats concerning safety and well-being. This covers emergency preparation strategies, fire safety procedures, and infectious disease control. Therefore, the primary objective of this study is to analyse the importance of health safety and child protection in schools. Furthermore, more crucially, the study aims to examine the various causes and impacts of violence, bullying and harassment that students may experience in school on the children. It evaluates the significance of health and safety in schools and examines the significance of child protection in schools.

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The investigation employed a quantitative research approach to accomplish this goal. Students, parents and guardians, educators, school administrators, educators, education policymakers, and community people have all contributed to the study by providing responses. The outcome of the study suggested that most of the students felt at ease, although there are still issues with abuse and harassment that need to be resolved. Parents believe that the way schools handle behavioural and mental health issues is adequate. Teachers adhere to safety protocols and are encouraged by the organisation. While both parents and children express satisfaction with some aspects of the school's facilities, they also express concerns about upkeep and hygienic conditions. The appropriate training instructors receive on child safety and protection laws has a good effect on them. Overall, the study emphasises how important it is to prioritise child protection and school safety and makes recommendations for additional research and action.

Keywords: Health and Wellbeing, Child Protection, Child Safety, Education Industry, Child Abuse, Child Harassment, prevention and policy

<u>Note</u>: The data for the above research topic collected from well-established private schools only.

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CHAPTER I:

"INTRODUCTION"

1.1 Introduction

1.1.1 Health Safety

In the context of Indian schools, *Health Safety refers to the measures and policies implemented to ensure the physical, mental, and emotional well-being of students, staff, and other stakeholders within the educational environment. The Indian government emphasizes health safety through various policies and guidelines, such as the National Health Policy (2017) and the School Health Programme under the Ayushman Bharat initiative.

Definition:

Health Safety in schools involves:

- Providing a safe and hygienic environment for students.
- Ensuring access to clean drinking water, sanitation facilities, and nutritious meals.
- Implementing measures to prevent accidents, injuries, and the spread of communicable diseases.
- Promoting mental health and well-being through counseling and support services.

1.1.2 Child Protection

Child Protection refers to the policies, laws, and practices aimed at safeguarding children from abuse, neglect, exploitation, and violence. In India, child protection is governed by laws such as the Juvenile Justice (Care and Protection of Children) Act, 2015, and the Protection of Children from Sexual Offences (POCSO) Act, 2012. The National Commission for Protection of Child Rights (NCPCR) also plays a key role in ensuring child protection in schools.

Definition:

Child Protection in schools involves:

- Creating a safe and nurturing environment free from physical, emotional, and sexual abuse.
- Implementing policies to prevent bullying, harassment, and discrimination.
- Training staff and students on child rights and protection measures.
- Establishing mechanisms for reporting and addressing violations of child rights.

1.1.3 Combined Definition for Health Safety and Child Protection

In the context of K12 schools in India, Health Safety and Child Protection refers to the comprehensive framework of policies, practices, and measures aimed at ensuring the physical, mental, and emotional well-being of students while safeguarding them from abuse, neglect, exploitation, and violence. This framework is guided by national policies such as the Ayushman Bharat School Health Programme and laws like the Juvenile Justice Act, 2015, and the POCSO Act, 2012.

1.1.4 Introduction

A safe school promotes the protection of children from harassment, bullying, violence, exposure to threats and weapons, the use or sale of illegal substances within the school premises, and other emergencies. Exposure to violence during childhood can result in adverse impacts on the health, well-being, and education of the child. Considering the need for health safety and child protection in schools, the focus of the present study is to identify and discuss the various aspects of health safety and child protection in safe schools and their significance in providing students with a healthy learning environment.

Health safety and child protection are vital components of fostering a safe and secure learning environment for pupils. Establishing a strong foundation for these issues is essential. As an individual who has been working in these fields for more than three

decades as an administrator, and who values the well-being and development of children, it is crucial to recognize that schools play a significant role in shaping the physical, mental, and emotional health of students.

First and foremost, schools serve as the primary environment where children spend a significant portion of their time. Therefore, ensuring a safe and healthy school environment is fundamental to promoting their overall well-being. By implementing strict health and safety protocols, such as regular safety drills, proper sanitation measures, and guidelines for physical activities, schools can create a secure space where students can learn and thrive without unnecessary risks to their health.

Moreover, child protection in schools is a paramount concern that cannot be overlooked. Children are vulnerable individuals who rely on adults, particularly educators and school staff, to safeguard their rights and protect them from harm. It is the moral and legal responsibility of schools to establish policies and procedures that prevent and address issues such as bullying, abuse, discrimination, and other forms of misconduct that may jeopardize the safety and well-being of students.

From a logical standpoint, investing in health safety and child protection initiatives in schools yields numerous advantages for both individuals and society. Research has consistently shown that students who experience safety and support within their school environment are more inclined to engage in learning, develop positive relationships, and achieve academic success. By prioritizing the health and safety of students, schools contribute to the holistic development of individuals who are better equipped to contribute positively to their communities and future generations.

These measures are essential in ensuring that students are physically and emotionally safe while in school. Health and safety measures protect students from potential hazards, such as fire and infectious diseases, while child protection measures protect students from abuse and neglect (Kovler et al., 2021). Schools must have policies and procedures in place to prevent and respond to potential hazards, including fire safety protocols, emergency

preparedness plans, and the management of infectious diseases. For example, schools must have fire drills in place to ensure that students and staff know how to evacuate the building safely in the event of a fire. This essay examines the importance of health safety and child protection in schools.

1.1.5 School health and safety measures are essential for preventing accidents and injuries.

Health and safety measures in schools are essential for preventing accidents and injuries by ensuring that the physical environment is safe for students and staff. This includes regular safety inspections and maintenance of facilities, ensuring that exits and emergency routes are marked and accessible, and providing proper lighting and ventilation (Teo, & Griffiths, 2020). Additionally, schools can implement safety measures such as fire drills, lock-down drills, and emergency evacuation procedures to prepare for and respond to potential emergencies. Another way that school health and safety measures are essential for preventing accidents and injuries is by properly supervising students. This includes having enough staff to supervise students during all activities, having a clear plan for student supervision during emergencies, and ensuring that all staff is trained in basic first aid and CPR (Kovler et al., 2021). Schools can also implement policies and procedures to ensure that students are supervised at all times, whether in the classroom, on the playground, or during extracurricular activities.

Additionally, school child protection measures are crucial for preventing abuse and neglect. Child protection measures in schools often include conducting background checks on all staff and volunteers who have contact with students. This helps to ensure that individuals with a history of abuse or neglect cannot work or volunteer in a school setting, where they may have access to vulnerable children (Teo & Griffiths, 2020). This measure is crucial for preventing abuse and neglect by identifying individuals who may pose a risk to children and keeping them away from the school environment. Child protection measures in schools also include training teachers and staff on recognizing and reporting abuse and neglect. This helps ensure that those working with children can identify signs of abuse or neglect and know how to report it appropriately. Additionally, schools often have policies and

procedures for responding to allegations of abuse and neglect, which include investigating and addressing the issue (Kovler et al., 2021). These measures are crucial for preventing abuse and neglect because they provide a structure for identifying and addressing problems as soon as they arise, which can help to prevent further harm to children.

1.1.6 Health and safety measures in schools are essential for promoting a healthy learning environment.

Students can focus on learning and growing without distractions by ensuring that the school is clean, well-ventilated, and free of potential hazards. Health and safety measures in schools often include maintaining cleanliness and promoting good hygiene practices (Teo & Griffiths, 2020). This can consist of regular cleaning classrooms and common areas, providing hand-washing stations and sanitizing supplies, and promoting healthy habits such as covering coughs and sneezes. These measures are essential for promoting a healthy learning environment because they help prevent the spread of illness and disease among students and staff, which can lead to absenteeism and classroom disruptions (Herlitz et al., 2020). Health and safety measures in schools also include preparing for emergencies, such as natural disasters, fires, or active shooter situations. This can consist of having emergency plans, conducting drills, and providing training for staff and students on responding to an emergency (Briggs, 2020). These measures are essential for promoting a healthy learning environment because they help to ensure that students and staff are safe in the event of an emergency, which can help to prevent injuries and fatalities and provide a sense of security and well-being in the school environment.

Additionally, health and safety and child protection measures are essential for creating a sense of trust between parents, staff, and the school administration. Health and safety measures and child protection measures are essential for building trust between parents, staff, and the school administration because they demonstrate that the school is taking the well-being and safety of its students seriously (Herlitz et al., 2020). Parents need to trust that their children will be safe while at school, and staff need to trust that the school administration is providing them with a safe working environment. Parents and staff are more likely to trust the administration to make decisions that are best for the students and

to feel confident in the school's ability to care for their children when they observe that the school is taking precautions to ensure the health and safety of both staff and pupils (Briggs, 2020). Child protection measures also ensure that the school is taking steps to protect the children from abuse and neglect, which will further build trust among the parents, staff, and the school administration.

1.1.7 Lastly, school child protection measures are important for promoting a safe social environment.

Child protection measures in schools are essential for promoting a safe social environment because they help to ensure that children are protected from abuse, neglect, and other forms of harm while they are in the care of the school (Teo & Griffiths, 2020). This includes background checks for staff and volunteers, policies and procedures for reporting and responding to suspected abuse, and staff training on identifying and responding to signs of abuse or neglect (Briggs, 2020). Additionally, these measures can help create a culture of safety and trust within the school community, ultimately leading to better student academic outcomes.

1.1.8 Some of the potential contributions of these programs include –

- 1. Improved health: By promoting healthy habits and providing access to medical care, schools can help improve students' physical and mental health.
- 2. Enhanced safety: Implementing safety protocols, such as emergency drills and safe transportation, can reduce the risk of accidents and injuries in schools.
- 3. Protection from abuse: Child protection programs can help prevent abuse and neglect and provide support to students who have experienced trauma.

1.1.9 However, there are also gaps that can be found in these programs. Some of these include:

- 1. Lack of resources: Schools may not have the funding or manpower needed to effectively implement health, safety, and child protection programs.
- 2. Inadequate training: Staff may not receive adequate training on how to identify and respond to health, safety, or child protection issues.

- 3. Limited scope: Programs may not cover all aspects of health, safety, and child protection, leaving some students vulnerable.
- 4. Inadequate reporting and follow-up: Incidents may not be reported, or there may be limited follow-up to ensure that necessary steps are taken to address the issue.

In conclusion, advocating for health safety and child protection in schools is a calculated investment in our society's future and well-being in addition to being morally required. By acknowledging the importance of these issues and actively supporting initiatives that promote a safe and nurturing school environment, we can create a better world for our children to learn, grow, and thrive.

Therefore, health safety and child protection are of paramount importance in schools. These measures play a critical role in preventing accidents and injuries, protecting students from abuse and neglect, promoting a healthy learning environment, fostering a safe social environment, and creating trust between parents, staff, and the school administration. By ensuring these measures are in place, schools can provide students with the environment they need to thrive academically, socially, and emotionally.

Raising awareness of a safe environment for children to go from their homes to school and back is crucial.

Importance of Child Protection in Schools

The health and well-being of children can suffer long-term consequences as a result of child abuse and neglect. Schools play a crucial role in identifying, reporting, and helping children who are victims of trauma. They are vital in spotting early signs of abuse and ensuring appropriate measures are taken to protect the child.

Child protection programs in India have been introduced through the "National School Safety Policy Guidelines," which include the following key components:

- Disasters as a critical threat to the well-being of children
- Understanding school safety

- National Policy for Children (2013)
- Right to Education Act (2009)

Overall, research shows that promoting health, safety, and child protection in schools is crucial for the well-being and success of students. Many organizations and programs have developed resources and guidelines to support schools in these efforts.

Discussion

To promote health, safety, and child protection in educational institutions, a comprehensive approach is necessary, involving all stakeholders including school staff, students, parents, and the community. Here are some steps that can be taken to achieve the proposed objectives:

DEVELOP AND IMPLEMENT POLICIES AND PROCEDURES

Clear policies and procedures should be in place at schools to protect young people's health and safety and to prevent and address child abuse and neglect. All employees, students, and parents should be informed about these policies, which should also be reviewed regularly.

PROVIDE TRAINING AND EDUCATION

School staff, students, and parents should receive training and education on topics such as hygiene, injury prevention, mental health, and child protection. This can be achieved through workshops, assemblies, and other educational activities.

CREATE A SAFE PHYSICAL ENVIRONMENT

Schools should provide a safe and healthy physical environment for students, including clean and well-maintained facilities, access to clean water and sanitation, and adequate

ventilation. Schools should also implement measures to prevent and respond to emergencies, such as fire drills and first aid training.

PROMOTE POSITIVE RELATIONSHIPS AND SOCIAL-EMOTIONAL LEARNING

Schools should foster positive relationships between students and staff. This can be done through programs that promote social-emotional learning, such as conflict resolution and empathy-building activities.

PROVIDE MENTAL HEALTH SUPPORT

For students who need mental health help, schools should offer counseling programs and connections to other resources. Schools can also support mental health by addressing stressors like bullying and academic pressure.

ENGAGE WITH PARENTS AND THE COMMUNITY

Schools should engage with parents and the community to promote health, safety, and child protection. This can be done through parent-teacher associations, community events, and partnerships with local organizations.

MONITOR AND EVALUATE PROGRESS

Schools should monitor and evaluate their progress in promoting health, safety, and child protection and make adjustments as needed. This can be done through regular surveys, audits, assessments, and feedback from staff, students, and parents.

By taking a comprehensive approach that involves all stakeholders and implementing the steps outlined above, schools can promote the health, safety, and well-being of their students.

I am deeply interested in the topic of health, safety, and child protection in schools, which provides me with the opportunity to work on this subject and communicate my insights to

assist schools, early childhood education services, and care institutions in developing and implementing their own health, safety, and child protection policies. Additionally, this research will help schools develop their capacities and preparedness to handle unforeseen situations within the school premises.

With my experience as an administrator in a school that caters to students from Lower Kg to Grade 12 for the past 38 years, I have the opportunity to work closely with all stakeholders, address gaps in existing programs, and contribute to creating a safe environment for children. Through my research, I aim to offer insights into how health, safety, and child protection in schools can positively impact the management world.

Improved Risk Management

It is the duty of schools to guarantee the security and welfare of their pupils. By studying the importance of health, safety, and child protection in schools, administrators can identify potential risks and implement measures to mitigate them. This helps avoid legal and reputational risks and ensures a safe, secure learning environment for students.

Enhanced Student Performance

Research has shown that students who feel safe and healthy at school tend to perform better academically. By promoting health, safety, and child protection in schools, administrators can improve student performance, leading to better educational outcomes and future success.

Increased Parent and Community Engagement

When schools prioritize health, safety, and child protection, it can increase parents' confidence in the school's ability to care for their children. This leads to greater parent engagement and involvement in school activities. Additionally, focusing on community safety helps schools build positive relationships with local organizations, businesses, and other stakeholders.

Improved Staff Morale and Retention

When schools prioritize health, safety, and child protection, it can create a positive work environment for staff. This results in increased staff morale, job satisfaction, and retention. When staff feel supported and valued, they are more likely to stay in their positions, providing greater continuity and stability in the school.

In summary, by studying the importance of health, safety, and child protection in schools, administrators can improve risk management, enhance student performance, increase parent and community engagement, and boost staff morale and retention. These benefits contribute to the overall success of the school and its students.

1.2 Research Problem

Over time, the effective implementation of specific safety and security measures in schools has become increasingly relevant. The severity of the situation is evident from the fact that in developed nations across the globe, as of 2021, it was estimated that 1 billion children within the age group of 2 to 17 years had experienced sexual, physical, or emotional violence, along with neglect. Furthermore, in the U.S., it has been reported that one in five students between the ages of 12 to 18 has been bullied during their school year. It has also been estimated that approximately 160,000 teens skipped school because of bullying (who.int, 2022).

It has also been reported by UNESCO that globally, one in three children experiences bullying, and a similar proportion has been impacted by physical violence. Data suggests that 32% of students have been bullied in some form by their peers at school on one or more days within a month. In regards to the prevalence of bullying based on region, in North America the prevalence remains at 42.7%, while in Europe, it has been recorded at 25%. The GSHS data also reveals that physical violence is one of the most common forms

of bullying that children face in schools, followed by sexual violence. Based on these facts, it is evident that health safety and child protection are of great significance in the school environment.

Because of the severity of the situation, the researcher has considered evaluating the various aspects associated with the significance of health safety and child protection in schools and its various elements in the current study.

1.3 Purpose of Research

The primary purpose of this research is to analyze the significance of health safety and child protection in schools, focusing on how these measures contribute to a positive, safe, and healthy learning environment. The research will assess the impact of health and safety protocols, child protection policies, and their overall effect on the well-being and academic success of students.

Specific objectives include:

- To analyze the various causes and impacts of violence, bullying, and harassment that students may experience in school on children.
- To evaluate the significance of health and safety in schools.
- To examine the significance of child protection in schools.

1.4 Significance of the Study

Health, safety, and child protection in schools are vital for creating a positive learning environment that fosters the well-being and development of students. The school environment plays a crucial role not just in academic education but also in supporting the physical, emotional, and social growth of children. Schools serve as a second home for children, where they spend a significant amount of time. Given the importance of schools in children's lives, it is essential to ensure that the environment is safe, healthy, and supportive. According to UNICEF, up to 1 billion children globally experience some form

of psychological, sexual, or physical abuse or neglect annually. It is the school's responsibility to safeguard children and provide a safe space for them to learn and grow.

IMPORTANCE OF HEALTH, SAFETY, AND CHILD PROTECTION IN SCHOOLS

- 1. **Physical Health**: Schools must provide a safe and healthy physical environment to prevent accidents, injuries, and exposure to health risks that could harm students.
- 2. **Mental Health**: Promoting mental well-being through support systems, counseling, and a positive environment helps students cope with emotional challenges.
- 3. **Child Protection**: Ensuring the safety of children by safeguarding them from abuse, bullying, neglect, and other harmful experiences is vital for their overall development.
- 4. **Academic Performance**: A healthy and safe school environment leads to improved student attendance, higher engagement, and better academic outcomes.
- 5. **Life Skills**: Teaching children about health, safety, and child protection equips them with critical life skills they can carry into adulthood.

RELATED RESEARCH

- 1. Studies have examined the impact of school safety measures on students' well-being and performance.
- 2. Research evaluating the effectiveness of child protection policies in schools.
- 3. Studies exploring the influence of mental health programs on student behavior and academic results.
- 4. Surveys capturing student perceptions of safety and health in schools.
- 5. Case studies demonstrating the successful implementation of health and safety initiatives in schools.

IDENTIFIED GAPS IN EXISTING RESEARCH

1. **Implementation Challenges**: There is a need to identify barriers that hinder the effective implementation of health, safety, and child protection policies in schools.

- 2. **Evaluation Methods**: More research is needed to explore methods for assessing the impact of safety and protection initiatives on student outcomes.
- 3. **Technology Integration**: Investigating how technology can enhance safety measures and child protection efforts in schools.
- 4. **Parental Involvement**: Studying the role of parents in supporting school-based health, safety, and protection initiatives.
- 5. **Teacher Training**: Research should explore the necessity for specialized teacher training to address health, safety, and child protection concerns effectively.

IMPACT OF SCHOOL VIOLENCE AND PREDICTORS OF AGGRESSION

The research conducted by Turanovic and Siennick (2022) indicates strong predictors of victimization and school violence, including child maltreatment, antisocial behavior, and peer rejection. The study also showed that youth who experience mistreatment or act out are at higher risk for both perpetrating and being targeted by violence at school. Key predictors such as antisocial or delinquent behavior are strongly associated with school violence. These behaviors are linked with aggression, both within the school and beyond. Furthermore, children who experienced neglect, abuse, or have ADHD symptoms were found to be more likely to engage in violent behavior at school.

The findings highlight that students who feel excluded, alienated, or rejected are more likely to act violently or aggressively at school, often justifying bullying or violence as acceptable. This underscores the importance of addressing the underlying causes of school violence through comprehensive support systems.

IMPACT OF BULLYING ON CHILDREN

According to the National Academies of Sciences, Engineering, and Medicine (2016), bullying at school can lead to both immediate and long-term physical health consequences, such as physical injuries, headaches, and sleep disturbances. The psychological toll includes stress-related changes to the neuroendocrine system and immune function. Bullying has significant psychosocial effects, leading to depression, anxiety, and other mental health issues, particularly among girls. Self-harming behaviors are common among victims, and boys may also exhibit externalizing behaviors such as aggression.

Kidger et al. (2015) and McDougall and Vaillancourt (2015) emphasize the long-term emotional and psychological challenges faced by bullying victims, including internalizing issues like anxiety and depression and externalizing behaviors, including aggression and maladjustment.

1.5 Research Purpose and Questions

RESEARCH PURPOSE

The primary purpose of this study is to explore the significance of health, safety, and child protection measures in schools, examining how these elements contribute to the creation of a safe, healthy, and productive learning environment. This research aims to evaluate the effectiveness of current policies and programs in safeguarding students and promoting their well-being.

RESEARCH QUESTIONS

- 1. What are the primary factors contributing to violence, bullying, and harassment in schools, and how do they impact students' safety and well-being?
- 2. How do health, safety, and child protection initiatives affect students' academic performance and overall engagement with school?
- 3. What is the role of teachers, parents, and the wider school community in supporting the implementation of effective health, safety, and child protection policies?

This study seeks to provide insights into how schools can enhance their efforts to ensure the safety, health, and well-being of students, contributing to more positive educational outcomes.

CHAPTER II:

REVIEW OF LITERATURE

2.1 Theoretical Framework: Importance of Health Safety and Child Protection in K-12 Schools

In discussing **health safety and child protection** within K-12 schools, a comprehensive theoretical framework is essential to understand how educational institutions can contribute to safeguarding children's well-being. Several theories provide insights into the mechanisms of child protection, the influence of health safety on student development, and the factors affecting institutional practices in addressing these issues.

The **ecological systems theory** by Urie Bronfenbrenner is particularly relevant. Bronfenbrenner's theory highlights the interconnectedness of different environmental layers that affect a child's development, such as the family, school, peers, and broader societal influences. In this context, K-12 schools are a critical setting where multiple systems intersect, shaping children's safety and health. For instance, the school environment is influenced by both the **microsystem** (direct interactions within the school environment) and the **exosystem** (indirect influences such as policies and community resources).

Furthermore, **Maslow's hierarchy of needs** provides a foundational understanding of how safety and protection relate to student learning. Maslow's theory proposes that physiological and safety needs must be met before a child can reach higher-order goals like self-esteem and self-actualization. This theoretical framework directly links child protection to academic and emotional success in schools. Children in unsafe or unhealthy environments are more likely to face developmental delays, behavioral issues, and challenges in engaging with learning.

Building on this, **theories of social learning** and **attachment theory** also come into play. Social learning theory emphasizes the role of modeling behaviors in educational

environments. Teachers and school staff who model positive, safe, and protective behaviors are likely to influence students in a way that enhances the overall culture of safety. On the other hand, attachment theory emphasizes the importance of secure relationships with adults in the school environment, which is essential for creating a space where children feel safe and supported.

Ultimately, these theoretical frameworks provide a lens to understand the roles that educators, school administrators, parents, and the broader community play in fostering an environment where health safety and child protection are prioritized.

2.2 Theory of Reasoned Action

The **Theory of Reasoned Action** (TRA), developed by Ajzen and Fishbein, is an influential framework for understanding how attitudes and social norms drive behavior. In the context of child protection and health safety in schools, TRA offers valuable insights into how parents, teachers, and students may engage with child protection programs and policies.

According to the TRA, an individual's behavior is shaped by two key factors: **attitudes** and **subjective norms**. In this context, the theory can be applied to understand how teachers and parents approach child protection behaviors, such as reporting suspected abuse or discussing safety measures with children. If a teacher or parent holds positive attitudes toward child protection initiatives (such as believing that reporting abuse can help prevent further harm), and they perceive that their peers (other parents, educators, or community members) expect them to take action (subjective norm), they are more likely to engage in these protective behaviors.

In schools, the application of the TRA can help identify barriers to the effective implementation of child protection programs. For instance, if there is a perception among teachers that other educators are not prioritizing child protection, this could reduce the likelihood of individual teachers taking initiative in safeguarding children. Therefore,

understanding the subjective norms within the school community is critical to improving child protection practices.

Additionally, the **intention to perform a behavior** plays a central role in TRA. Educators who intend to protect children or create a safer environment are more likely to follow through with these actions. The intention is influenced by their attitudes towards child protection as well as the external pressures they perceive, such as school policies, community expectations, and legal responsibilities.

Through this lens, it is evident that changing attitudes and social norms surrounding child protection within schools can have a significant impact on behavior. As such, promoting positive attitudes toward child safety, increasing awareness, and creating an environment where child protection is the norm are all essential strategies for improving school safety.

Table 2.1: Behavioral Intentions and Child Protection

Variable % N

Positive Attitude Toward Child Protection 75% 200

Perceived Social Norm (Protection) 68% 200

Reporting Abuse Intention (Teachers) 82% 200

2.3 Human Society Theory

The **Human Society Theory** examines the structural and cultural aspects of society that influence individual behavior. In the case of child protection and health safety in schools, this theory helps us understand how societal norms, cultural beliefs, and institutional structures impact the treatment of children and the effectiveness of protective measures.

This theory emphasizes the importance of community norms and the role of social institutions, like schools, in shaping behavior. It argues that the larger societal context, including laws, cultural attitudes toward children, and the prevailing societal expectations

of what constitutes child protection, heavily influences the implementation and effectiveness of school-based protection programs. For instance, in societies where child abuse and neglect are stigmatized and regarded as taboo, there may be less open discussion and reporting of abuse, which hinders intervention efforts.

Moreover, the **structural functionalism** approach within this theory helps us understand how schools, as institutions, contribute to the overall functioning of society by ensuring the well-being of children. A school is not only a place for academic learning but also serves as a vital social institution that shapes the development of future generations. Within this framework, ensuring the health, safety, and protection of children is not merely a moral imperative but a necessity for the stability and progression of society as a whole.

Schools, therefore, must align with societal values and legal frameworks, and they must be equipped with the proper infrastructure to address the multifaceted aspects of child protection. This includes providing teachers with adequate training in recognizing signs of abuse, having clear child protection policies in place, and fostering an environment where children feel safe reporting concerns.

Additionally, this theory can be applied to understand how societal inequalities—such as poverty, discrimination, or lack of access to resources—can create vulnerabilities in children, making them more susceptible to abuse and neglect. Addressing these issues at a societal level is crucial for ensuring that children in schools are provided with the protection and support they need.

2.4 Summary

In summary, ensuring the **health safety and child protection** in K-12 schools is a complex, multi-dimensional issue that requires the integration of various theoretical perspectives. The **ecological systems theory**, **Maslow's hierarchy of needs**, **social learning theory**, and **attachment theory** all contribute to understanding how children's safety is influenced by their environment. In particular, schools are at the intersection of multiple systems—

family, peers, community, and policy—that collectively shape the safety and well-being of students.

The **Theory of Reasoned Action** underscores the importance of attitudes and social norms in driving protective behavior. Understanding how attitudes toward child protection and the perceived expectations of others influence behavior can help improve the effectiveness of child protection programs in schools.

Finally, the **Human Society Theory** highlights the societal and institutional structures that influence the way children are treated within the school system. It emphasizes the need for schools to adapt to the changing societal norms and legal frameworks regarding child protection while addressing the social inequalities that may exacerbate child vulnerabilities.

The integration of these theoretical perspectives helps to form a comprehensive understanding of child protection in schools. By recognizing the multiple factors at play—individual, societal, institutional—schools can take more effective action in safeguarding children and promoting a culture of health and safety.

CHAPTER III: METHODOLOGY

3.1 Overview of the Research Problem

In the pursuit of understanding the paramount importance of health safety and child protection in schools, a methodological journey is undertaken to unearth the intricate dynamics and correlations within this crucial domain. The endeavor to ensure the well-being and security of students in educational settings is not merely a theoretical construct but a tangible mission with far-reaching implications.

The research methodology serves as a compass, guiding the exploration of the multifaceted dimensions of health safety and child protection within the school environment. This chapter lays the foundation for the empirical inquiry by elucidating the research design, data collection methods, and analytical strategies that underpin the investigation (Cohen, Manion, and Morrison, 2017). It is within these methodological choices that the rigor and reliability of the findings are fortified.

As the landscape of methodology is traversed, the intricacies of the data collection processes, including surveys, interviews, and document analysis, are unveiled. The ethical considerations that govern the research ensure that the voices and rights of all stakeholders are respected and protected. The methodology chapter is not only a technical guide but a testament to the commitment to rigor and precision in the pursuit of knowledge. It is a testament to the imperative of health safety and child protection in schools, an imperative grounded in empirical evidence and best practices.

Throughout this chapter, insight is provided into the systematic approach employed to investigate the significance of health safety and child protection. The methodological choices are driven by the conviction that robust research methods are essential in addressing the complex challenges faced by educational institutions and society as a whole.

In the subsequent sections of this chapter, details are provided regarding the data collection instruments, research design, data analysis procedures, ethical considerations, and limitations. The aim is to provide transparency and clarity regarding the research process, empowering readers to evaluate the validity and credibility of the findings. This methodology chapter serves as a bridge between the research objectives and empirical reality, embodying the dedication to shedding light on a critical aspect of the educational landscape.

3.2 Research Paradigm

In the quest to delve into the multifaceted domain of "Health Safety and Child Protection in Schools," the selection of an appropriate research paradigm or philosophy will be pivotal. Research paradigms, such as positivism and interpretivism, serve as guiding frameworks that shape the approach to understanding and interpreting phenomena. In this study, a positivist approach is chosen, and this section aims to elucidate the rationale behind this selection while drawing on scholarly insights from relevant sources.

Positivism, rooted in the empirical observation of natural and social phenomena, aligns itself with the principles of objectivity, quantifiability, and verifiability. It posits that knowledge is derived from observable facts and that rigorous scientific methods, including systematic data collection and analysis, are the means to attain a deep understanding of the researched phenomenon. In the context of studying health safety and child protection in schools, the positivist paradigm holds particular relevance.

1. Empirical Nature of the Problem:

The issues related to health safety and child protection in schools necessitate an empirical, evidence-based investigation. Positivism's emphasis on empirical observation and measurement suits the research focus, allowing for the collection of concrete data and quantifiable evidence regarding the extent of these concerns. Creswell and Creswell assert that positivism is particularly suited for research that aims to answer questions about the

extent, frequency, and association of variables. Given that this study seeks to uncover the extent of health safety and child protection issues, positivism aligns with this goal (2017).

2. Objective Assessment:

Positivism prioritizes objectivity in research. Given the sensitive nature of child protection and health safety, it is essential to approach the subject with a neutral, objective stance. A positivist approach ensures that the research remains free from undue influence and subjective bias. Positivism is characterized by its use of structured data collection methods, which are beneficial when studying phenomena that require systematic documentation and measurement. The study's focus on health safety and child protection incidents benefits from the structured approach positivism offers (Robson, 2011).

3. Quantitative Analysis:

Health safety and child protection issues often involve numerical data, such as incident reports, health records, and statistical trends. Positivism's reliance on quantitative methods, statistical analyses, and surveys equips researchers to examine these issues rigorously, providing a comprehensive understanding of the extent and patterns of incidents. Positivist research is rooted in empirical, observable data and often involves hypothesis testing. As this study intends to test hypotheses regarding the prevalence of health safety and child protection issues, a positivist approach is a logical choice (Bryman and Bell, 2022).

4. Replicability and Generalizability:

Positivist research is characterized by its potential for replicability and generalizability. Findings obtained through systematic, empirical methods can be applied to a broader context. In the context of schools, this means that the insights gained can inform policies and practices not only in the study's sample schools but also in similar educational institutions globally. Jupp emphasizes that positivism's commitment to rigor and replicability is especially valuable when conducting research in areas that have policy implications. Given that the study's findings can inform policy decisions related to child

protection and health safety in schools, the positivist approach aligns with this objective (2006).

In conclusion, the adoption of a positivist research paradigm for the study of "Health Safety and Child Protection in Schools" is well-justified. The empirical, objective, and quantitative nature of positivism suits the research focus, which involves investigating the extent, patterns, and associations of health safety and child protection issues. Drawing on the insights of prominent researchers in the field, this selection underscores the importance of empirical evidence and rigorous methodology in addressing these critical concerns within educational institutions.

3.3 Research Approach

Qualitative and quantitative research represent two distinct yet complementary paradigms in the field of social research. Qualitative research is characterized by its focus on exploring the underlying meanings, experiences, and perceptions of individuals or groups through methods such as observations, interviews, and the interpretation of content. In contrast, "a quantitative research approach is adopted for this study, emphasizing the collection and analysis of numerical data to establish patterns, relationships, and statistical inferences."

3.3.1 RATIONALE FOR SELECTING THE QUANTITATIVE APPROACH

The quantitative approach is chosen for this study to investigate the importance of health safety and child protection in schools due to several compelling reasons:

1. Measurable Variables:

Health safety and child protection encompass a wide range of variables that can be quantified, including incident rates, attendance records, and awareness levels of safety protocols and child protection policies. Quantitative methods allow for the systematic collection and analysis of these measurable variables, enabling researchers to draw objective conclusions (Yin, 2018).

2. Objectivity and Replicability:

Quantitative research is renowned for its objectivity and the potential for replication across different settings. Given the delicate nature of the research area—child safety and well-being—objectivity in data collection and analysis is paramount. The quantitative approach minimizes bias and ensures that findings can be verified in other educational contexts (Saunders, 2019).

3. Generalizability:

The goal of this research is not limited to understanding the issues within a specific school or region but extends to drawing insights that can benefit a broader context. Quantitative research, by its nature, generates generalizable findings that can be applied to a wider population of schools (Neuman, 2017).

4. Statistical Analysis:

Quantitative methods facilitate the application of statistical tests to observe associations between test hypotheses and variables. This is particularly valuable when investigating factors contributing to health safety and child protection concerns in schools.

5. Policy Implications:

By employing quantitative research, the study aims to provide empirical evidence that can inform policy decisions. Findings related to incident rates, risk factors, and the effectiveness of safety measures can be instrumental in shaping educational policies and interventions.

3.3.2 UTILIZING OUANTITATIVE RESEARCH IN SCHOOL CONTEXTS

1. Data Collection:

The quantitative approach involves the systematic collection of statistical data with the help of structured methods like questionnaires, surveys, and statistical analysis of existing records. In this study, data will be collected on various aspects of health safety and child

protection in schools, including the prevalence of incidents, adherence to safety protocols, and awareness levels of child protection policies (Bryman, 2016).

2. Data Analysis:

Quantitative data will be subjected to a thorough statistical examination. I will employ descriptive statistics to provide concise summaries of significant discoveries, while also utilizing inferential statistics, such as regression analysis, to investigate connections among variables and assess hypotheses.

3. Survey Instruments:

Selection of Schools for Data Collection

Private schools with varied student populations were selected to ensure a comprehensive understanding of how health, safety, and child protection policies impact diverse student groups. These schools represent a mix of socio-economic, cultural, and linguistic diversity, providing a broad perspective on the implementation and effectiveness of such policies across different contexts.

The following co-educational schools spread across the North, South, and West regions of India were chosen for this study:

- 1. Johnson Grammar School: Located in the twin cities of Secunderabad and Hyderabad, this school serves a diverse student community.
- 2. Ryan International Schools: With branches in various cities across India, these schools broadly represent urban and semi-urban demographics.
- 3. Amanora School: Situated in Pune, Maharashtra, this school caters to a multicultural student population.

To collect data from students, teachers, parents, and administrators, survey instruments will

be developed. These surveys will include standardized items designed to assess perceptions of safety, experiences of bullying or harassment, and awareness of child protection policies.

4. Sampling:

A "stratified random sampling approach" will be utilized to ensure representation from diverse schools, geographical locations, and socioeconomic contexts. This approach enhances the generalizability of findings beyond the specific study sample (Tashakkori and Teddlie, 2010).

3.3.3 CONTRIBUTIONS OF THE QUANTITATIVE APPROACH

1. Evidence-Based Insights:

Quantitative research is well-suited to provide evidence-based insights into the extent and determinants of health safety and child protection concerns in schools. The use of statistical analyses allows for a deeper comprehension of the aspects contributing to these issues (Denzin and Lincoln, 2018).

2. Policy Implications:

Findings from this study can directly inform policy decisions aimed at enhancing health safety and child protection in schools. Quantitative data on incident rates, awareness levels, and risk factors can guide the development of targeted interventions and policies.

3. Comparative Analysis:

The quantitative approach facilitates comparative analyses between different schools and regions, enabling researchers to identify variations in safety concerns and the effectiveness of child protection measures (Johnson and Christensen, 2019).

4. Future Research:

The quantitative data generated by this research can serve as a valuable foundation for further investigation in the field of school safety and child protection. Researchers can build on these findings to explore specific risk factors, interventions, and long-term outcomes (Patton, 2014).

The adoption of a quantitative research approach to investigate the importance of health safety and child protection in schools is well-justified given the research objectives, the kind of variables under examination, and the potential policy implications. Through the systematic collection and statistical analysis of numerical data, this research seeks to provide comprehensive insights that can inform policies, interventions, and future research in the field of school safety and child protection. By leveraging the strengths of quantitative research, this study aims to contribute to the enhancement of child well-being and safety within educational environments, with implications that extend beyond the specific context of this research.

This structure should now align with the content organized under the headings you've requested.

3.4 Research Design

Research design is a critical component of any study, shaping the methodological framework and approach employed in the pursuit of knowledge (Vogt, 2014). In the context of education, particularly focusing on the importance of health safety and child protection in schools, the selection of an appropriate research design is paramount. This essay will delve into the various research designs, such as descriptive, explanatory, and exploratory, and elucidate their significance in the context of studying health safety and child protection in schools. This section of the study would provide details associated with the research design and methods that would be implemented in the current study along with the rationale. It is with the help of the chosen research design and method, the researcher would ascertain that the data collected through answers the research questions in an effective manner.

Subsequently, it justify the choice of a descriptive research design for the proposed study.

1. Descriptive Research Design

Descriptive research design is characterized by its primary goal of providing an accurate portrayal of the current state of affairs, phenomena, or situations. It is often employed when researchers aim to gather information about a particular topic without altering or manipulating it. Descriptive studies utilize methods such as surveys, observations, and content analysis to collect data and present it in a comprehensible manner.

In the context of health safety and child protection in schools, a descriptive research design proves instrumental in providing a detailed snapshot of the existing conditions, policies, and practices within educational institutions. By employing studies, interviews, and document interpretation, researchers can gather data on the prevalence of health safety measures, the implementation of child protection policies, and the general state of safety in schools. The collected information can serve as a foundation for further investigation and policy development in this crucial area.

2. Explanatory Research Design

Explanatory research design goes a step further than descriptive design by seeking to establish causal relationships between variables. This design is employed when researchers aim to understand why certain phenomena occur and how different factors may influence one another. It often includes experimental designs, quasi-experiments, and longitudinal studies (Trochim & Donnelly, 2008).

While explanatory research design can be invaluable in uncovering the underlying reasons behind health safety and child protection issues in schools, it may not always be the most suitable choice. Such research often requires manipulating variables and controlling conditions, which may not be ethically or practically feasible in the context of school safety. Therefore, in many cases, it is more appropriate to start with a descriptive design to gather foundational data before moving on to explanatory investigations.

3. Exploratory Research Design

Exploratory research design is categorized by its questions' open-endedness and variable nature. It is typically used when researchers have limited prior knowledge about a subject

and aim to gain insights, generate hypotheses, or develop a better understanding of a specific topic. Methods such as literature reviews, focus groups, and in-depth interviews are commonly employed in exploratory research (Marshall & Rossman, 2016).

In the context of health safety and child protection in schools, exploratory research can be valuable in identifying emerging issues, gaps in knowledge, or areas requiring further investigation. It can help researchers pinpoint specific aspects of school safety that warrant deeper exploration through descriptive or explanatory research designs. By examining current trends, attitudes, and emerging challenges, educators and policymakers can better anticipate and address the evolving needs of students and schools.

3.4.1 Choosing a Descriptive Research Design:

The choice of a research design is a pivotal decision that should be aligned with the research objectives, questions, and ethical considerations. In this study focusing on the importance of health safety and child protection in schools, a descriptive research design is selected for several compelling reasons.

Firstly, a descriptive research design aligns well with my primary aim of providing an accurate and comprehensive portrayal of the current state of health safety and child protection measures in schools. This includes assessing the prevalence of health-related policies, safety protocols, and child protection initiatives within educational institutions. Secondly, a descriptive research design allows for the group of both "quantitative and qualitative data", offering a multifaceted view of the subject matter. I can administer surveys to a wide range of stakeholders, including students, parents, teachers, and administrators, to gauge their perspectives on safety and protection measures in schools. Additionally, document analysis can provide insights into the existing policies and procedures.

Thirdly, the ethical considerations surrounding research in educational settings emphasize the importance of non-intrusiveness and minimal disruption to the learning environment. A descriptive design, which does not require interventions or manipulations, is conducive to maintaining the normal functioning of schools while gathering essential data.

Furthermore, the descriptive research design allows for the collection of data from various sources, which is particularly relevant when investigating a complex and multifaceted issue like health safety and child protection in schools. It permits the synthesis of data from multiple stakeholders, enabling a more thorough comprehension of the subject (De, 2015). In conclusion, research design is a crucial component of this study, shaping the methodology and approach employed to investigate the specific topic. When examining the importance of health safety and child protection in schools, the choice of research design must align with the research objectives, questions, and ethical considerations. In this context, a descriptive research design has been selected due to its suitability for providing an accurate and comprehensive portrayal of the current state of affairs in schools. Through surveys, interviews, and document analysis, a descriptive design enables the gathering of data from multiple stakeholders, offering a multifaceted view of the subject matter. This foundational data can serve as a critical resource for further investigation, policy development, and the enhancement of health safety and child protection in schools. In the pursuit of creating safe and nurturing educational environments, research design plays a pivotal role in advancing understanding and shaping actions.

3.5 Population and Sample

In any research study, defining the population and sample is essential to ensure that the findings are relevant, accurate, and generalizable to the broader population. The population refers to the entire group of individuals or items that the research is focused on, while the sample refers to a subset of the population selected for the study. The population and sample size play a significant role in determining the validity of the research outcomes.

For a study focused on the importance of health safety and child protection in schools, the population would consist of all individuals involved in the school environment, particularly those who are directly responsible for or impacted by health and safety measures. This includes teachers, school administrators, parents, students, and health staff, as well as policymakers involved in school safety. Each of these groups plays a critical role in the

development, implementation, and maintenance of health safety and child protection protocols in the school system.

Defining the Population

The population for this study would consist of individuals in various roles across different school settings, such as elementary, middle, and high schools. It is important to select a diverse representation of the population to ensure that the findings reflect a wide range of experiences and perspectives regarding health and safety in schools. This diversity would also allow the research to capture regional, socio-economic, and demographic differences that might influence health and safety practices.

Sampling Method

To gather reliable and valid data, a sampling method needs to be carefully selected. In this case, a **stratified random sampling** technique could be used to ensure that subgroups within the population are represented proportionally. Stratified sampling involves dividing the population into different strata, such as school level (elementary, middle, and high school), role (teachers, administrators, students, etc.), and demographic factors such as gender or age. This would ensure that each subgroup is adequately represented, and that the sample mirrors the population in terms of these important variables.

Once the strata are identified, individuals are randomly selected from each group. This technique helps reduce bias and improves the generalizability of the research findings. The goal would be to obtain a sample size large enough to produce statistically significant results while remaining manageable for data collection.

Sample Size

The sample size is another crucial aspect of research. A sample size that is too small may fail to capture sufficient variation in the data, while a sample size that is too large could lead to unnecessary complexity and resource constraints. Determining the appropriate

sample size depends on factors such as the population size, the research design, the margin of error, and the statistical power required.

For a study on health safety and child protection in schools, the sample size should be large enough to ensure that the findings are reliable and valid. For instance, a sample of 200 to 500 participants from various schools could be considered an appropriate sample size. However, this number could vary depending on the specific goals of the research and the resources available for data collection.

Sample Characteristics

The characteristics of the sample will depend on the specific questions being asked and the variables being studied. For example, if the focus is on teacher perceptions of health safety measures, the sample might consist predominantly of teachers from various schools. If the study is investigating how parents perceive the implementation of child protection policies, then the sample would include parents from various school communities.

It is also important to ensure that the sample is representative of the broader population. This means that the sample should reflect the diversity of the student body and the school community, including differences in socio-economic status, race, gender, and disability. This helps to ensure that the research findings are applicable to a broad range of school environments and contexts.

3.6 Participant Selection

Participant selection refers to the process by which individuals are chosen to be part of the research study. The way in which participants are selected significantly influences the quality and validity of the data collected. This section describes the strategies used to identify and select participants for a study on health safety and child protection in schools.

Inclusion and Exclusion Criteria

The first step in participant selection is to define the inclusion and exclusion criteria. Inclusion criteria specify the characteristics that participants must have in order to be eligible for the study, while exclusion criteria outline the characteristics that disqualify individuals from participating. In the case of a study focusing on health safety and child protection in schools, inclusion criteria might include being a teacher, parent, student, or administrator in a school. Exclusion criteria might exclude individuals who are not currently working in a school environment, or those who have no involvement with health and safety protocols.

The inclusion criteria should align with the study's research objectives, ensuring that the sample is directly relevant to the research questions. For instance, if the study aims to assess teachers' attitudes towards child protection policies, then only current teachers should be selected.

Purposive Sampling vs. Random Sampling

In terms of participant selection, there are several approaches that could be used, such as purposive sampling or random sampling. Purposive sampling involves selecting participants based on specific characteristics or criteria, such as experience or expertise. This method is particularly useful when the researcher needs to focus on a specific subset of the population, such as teachers who have received special training in child protection.

Random sampling, on the other hand, involves selecting participants randomly from the population, with the aim of achieving a sample that is representative of the broader population. This method is useful for ensuring that the sample is unbiased and that the findings can be generalized to the entire population. For a study on health safety and child protection in schools, a combination of purposive and random sampling could be used, where certain subgroups are purposively sampled (e.g., teachers who have been trained in safety protocols), while the broader sample is selected randomly.

Ethical Considerations in Participant Selection

Ethical considerations are a critical aspect of participant selection. Researchers must ensure that participants are selected in a way that respects their rights and ensures their confidentiality and safety. In the case of a study focused on health safety and child protection, sensitive issues may arise, and participants must be fully informed of the purpose of the study and how their data will be used. Obtaining informed consent is an essential part of this process, ensuring that participants understand their role in the study and voluntarily agree to participate.

3.7 Instrumentation

Instrumentation refers to the tools and methods used to collect data in a research study. In a study focusing on health safety and child protection in schools, instrumentation could include surveys, questionnaires, interview protocols, observation checklists, and other data collection tools. These instruments must be designed carefully to ensure that they are reliable, valid, and aligned with the study's research objectives.

Types of Instruments

The main instrument used in a study on health safety and child protection could be a questionnaire, which would allow the researcher to gather quantitative data from a large number of participants. A questionnaire is an effective tool for collecting data on attitudes, perceptions, and behaviors related to health and safety practices. It can include a combination of closed-ended questions, such as Likert scales, and open-ended questions, allowing participants to provide more detailed responses.

In addition to the questionnaire, interviews may be used as a qualitative tool to gather more in-depth insights into participants' experiences. Interviews provide the opportunity for participants to express their opinions freely and allow the researcher to explore topics in greater depth. This can be particularly useful for understanding how policies and practices are perceived and implemented within schools.

Designing Effective Instruments

The design of the instruments is crucial to ensure that they collect the relevant data. In the case of a questionnaire, the questions should be clear, concise, and unbiased. The researcher must ensure that the questions are tailored to the specific research questions and objectives. Moreover, the instruments must be pilot-tested to identify any issues with wording, sequencing, or comprehension. Pre-testing helps ensure the reliability and validity of the instruments before they are used with the full sample.

Reliability and Validity of Instruments

The reliability of an instrument refers to its consistency over time, while validity refers to whether the instrument measures what it is intended to measure. To ensure the reliability of the instruments, the researcher may use established scales or measures that have been tested in previous studies. Additionally, ensuring validity can be achieved through expert review or by piloting the instrument with a small sample.

3.8 Data Collection Procedures

The data collection procedure outlines the step-by-step process used by the researcher to gather the necessary information from participants. This procedure is essential for maintaining consistency, reliability, and accuracy in the research findings. The data collection process for a study focusing on health safety and child protection in schools will involve several key steps: preparation, implementation, monitoring, and conclusion.

1. Preparation Phase

The preparation phase begins with the design of the research instruments (questionnaires, interview guides, etc.) and finalizing the participant selection criteria. The researcher will ensure that all ethical considerations, such as obtaining informed consent from participants,

are addressed before data collection begins. In this case, participants should be fully informed of the study's objectives, their right to confidentiality, and their ability to withdraw from the study at any time without penalty.

Additionally, the researcher must decide on the mode of data collection. For a study on health safety and child protection, the researcher might opt for both face-to-face and online surveys to gather data from a diverse group of participants. This can help overcome logistical challenges, such as participants being located in different regions, and it can also allow for flexibility in data collection.

Once the instruments and procedures are in place, the researcher will train any necessary assistants or facilitators who will help in data collection. This training will ensure that everyone involved is well-versed in how to administer the instruments, how to handle sensitive topics, and how to maintain ethical standards throughout the process.

2. Implementation Phase

The implementation phase is when the researcher begins collecting data from the selected participants. During this phase, the researcher will distribute the questionnaires to the chosen sample either electronically or in person. If face-to-face distribution is used, the researcher will conduct interviews, either individually or in groups, depending on the study design.

The researcher must ensure that the data collection process is conducted uniformly. For example, if interviews are being conducted, the researcher should follow the same interview protocol for each participant. Similarly, for surveys, the researcher should monitor the distribution process to ensure that the same version of the questionnaire is being administered to all participants. The researcher should also emphasize the importance of honesty and confidentiality to participants during this phase, helping to encourage candid and accurate responses.

3. Monitoring Phase

Once the data collection begins, the researcher must carefully monitor the process to ensure that everything is going as planned. This includes tracking the return rate of completed questionnaires, addressing any participant concerns, and resolving any technical issues that might arise during data collection (such as issues with online survey platforms). Additionally, the researcher should assess whether any data collection instruments need to be revised or clarified based on participant feedback.

In some cases, participants may require reminders to complete the questionnaire or interview, and the researcher should ensure that follow-up communications are conducted professionally and ethically. In the case of interviews, the researcher should make sure that each interview is documented properly, either through note-taking or audio/video recordings (with the participant's consent). This helps to ensure that the data is accurately captured and available for analysis.

4. Conclusion Phase

The conclusion phase involves finalizing the data collection process and ensuring that all instruments are returned, and the data is adequately documented. Once all the data has been collected, the researcher should ensure that it is stored securely, adhering to ethical guidelines surrounding confidentiality and data protection. After data collection concludes, the researcher should prepare the dataset for analysis by organizing and cleaning the data to remove any inconsistencies or missing information.

Ethical Considerations in Data Collection

TResearch on the importance of health safety and child protection in schools carries significant ethical responsibilities due to its sensitive nature and the involvement of vulnerable populations, namely children. Ethical considerations are paramount throughout the research process, ensuring the protection of participants' rights, privacy, and well-

being. This essay will delve into the ethical principles and guidelines that researchers must adhere to in such studies, with a specific focus on privacy, validity, and reliability issues.

1. Privacy

Privacy is a fundamental ethical consideration in any research involving human subjects. Respecting participants' privacy entails safeguarding their personal information, ensuring confidentiality, and obtaining informed consent (Resnik, 2015).

Informed Consent: Researchers conducting studies on health safety and child protection in schools must obtain informed consent from all participants. Informed consent includes stipulating respondents with clear and comprehensible data about the study's purpose, methos, limitations, and benefits. Participants, or their legal guardians in the case of minors, must voluntarily agree to participate without coercion. The informed consent process should be documented, and participants should have the permission to withdraw from the study.

- Confidentiality: To protect participants' privacy, researchers must assure them that
 their personal information will be kept confidential. This includes de-identifying
 data, assigning pseudonyms, and storing sensitive information securely.
 Researchers should provide clear guidelines on who will have access to the data
 and under what circumstances (Fisher and Goodman, 2009).
- Anonymity: Anonymity goes one step further by ensuring that participants cannot be identified even by the researchers themselves. Anonymity can be particularly important when discussing sensitive topics related to child protection, as it encourages open and honest responses without fear of repercussions (Emanuel, et.al., 2008).
- Minimizing Harm: Researchers must take measures to minimize harm or distress
 to participants, especially when discussing traumatic or emotionally charged topics.
 This includes providing resources or referrals to support services for participants
 who may be adversely affected by the research.

2. Validity:

Validity in research refers to the accuracy and truthfulness of the findings. Ethical research must strive for internal and external validity to ensure that the results are meaningful and applicable (Trochim & Donnelly, 2008).

- Sampling and Generalizability: Researchers must carefully select their samples to
 ensure that they are representative of the population they intend to generalize to.
 Biased or non-representative samples can lead to invalid conclusions. In studies on
 health safety and child protection, researchers must consider the diversity of school
 settings, student demographics, and geographical locations to enhance the validity
 of their findings.
- Measurement Validity: To maintain measurement validity, researchers should use validated instruments and measures when assessing variables related to health safety and child protection. The use of reliable and established tools ensures that the data collected accurately represents the concepts of interest.
- Avoiding Bias: Researchers must remain impartial and avoid any biases that could compromise the validity of their findings. This includes refraining from leading questions or selectively reporting results that support a particular agenda (Israel and Hay, 2006).

3. Reliability:

Reliability pertains to the consistency and replicability of research findings. Ethical research ensures that study procedures are dependable and can be repeated with similar results.

- Consistent Data Collection: Researchers must implement consistent data collection
 procedures throughout the study to minimize errors and variations in
 measurements. This includes training data collectors, standardizing interview
 protocols, and employing well-defined survey instruments.
- Transparent Reporting: To promote research reliability, researchers should transparently report their methods, including data collection techniques, analysis procedures, and any potential limitations. This enables other researchers to replicate the study, further enhancing the reliability of the findings.

- Ethical Obligations in Reporting: Researchers have an ethical obligation to accurately report their findings, even if the results are unexpected or contrary to their initial hypotheses. This helps prevent publication bias and ensures that the scientific community has access to a diverse range of research outcomes.
- In conducting research on the importance of health safety and child protection in schools, ethical considerations must be paramount throughout the research process.
 Privacy, validity, and reliability issues are of particular concern due to the sensitive nature of the topic and the involvement of vulnerable populations, including children.

4. Ethics and human subject issues:

In order to ensure that the study is conducted ethically following the ethical norms, the researcher would ensure that the samples for the study are provided with necessary details associated with the study, followed by which, only after receiving the consent from the participants, the researcher would proceed with the survey and interview. The researcher would also ensure autonomy and privacy of the participants.

5. Strengths and weakness of the study:

The major strength of the study is the fact that it would collect first hand data and information from the teacher, which would help in getting an understanding of the significance of child protection and safety in school from a real life scenario. However, if the weakness of the study is considered, it can be stated that, for the purpose of understanding the significance of child protection and safety in school, the perception of students is also important, which has not been considered in this study.

6. Public health and Significance:

Because of psychological, physical and sexual violence against children globally, the economic costs are as high as \$7 trillion, which is causing major burden on the healthcare system across the globe, which clearly highlights on the significance of the study on public health.

7. Budget and Motivations:

As already stated, every year upto 1 billion children experience some type of psychological, sexual, physical neglect or violence, which acted as a motivation for the researcher to conduct the study on identifying the significance of child protection and safety in school.

3.9 Data Analysis

Data analysis refers to the process of systematically examining and interpreting the collected data to identify patterns, relationships, and trends that address the research questions. This step is crucial in transforming raw data into meaningful results that can contribute to knowledge and inform decision-making in the context of health safety and child protection in schools. For a study of this nature, data analysis typically involves both qualitative and quantitative analysis.

1. Quantitative Data Analysis

Quantitative data analysis involves the application of statistical methods to examine numerical data and identify trends, relationships, and patterns. In this study, the researcher would use quantitative methods to analyze responses to survey questions that require numerical or categorical data (e.g., Likert scale ratings, multiple-choice answers).

The first step in analyzing quantitative data is to clean and organize the dataset. This involves checking for missing or incomplete responses, correcting any inconsistencies, and ensuring that the data is structured correctly for analysis. After the data is cleaned, the researcher can apply statistical methods to calculate frequencies, percentages, and averages. For example, the researcher may calculate the percentage of teachers who report feeling satisfied with current health safety measures or analyze the distribution of responses to child protection policies.

To analyze relationships between variables, the researcher may use correlation or regression analysis. This could help determine whether there are any significant associations between the perceptions of different stakeholders (e.g., teachers, parents, students) and the effectiveness of child protection policies. For instance, the researcher could analyze whether schools with more comprehensive safety training programs have better perceptions of student well-being among staff.

2. Qualitative Data Analysis

Qualitative data analysis focuses on understanding the meaning and context of the data, rather than numerical patterns. This type of analysis is particularly useful when the researcher wants to explore participants' experiences, perceptions, and attitudes in-depth. In the case of interviews conducted with teachers, parents, or administrators, the researcher would examine the transcribed responses to identify recurring themes, ideas, or concerns.

A common approach to analyzing qualitative data is **thematic analysis**, where the researcher identifies key themes that emerge from the data. These themes are then categorized and interpreted to answer the research questions. For example, the researcher might identify common themes related to challenges faced by teachers in implementing child protection measures or issues related to parental involvement in safety initiatives.

3. Mixed-Methods Analysis

In studies that employ both qualitative and quantitative data, a mixed-methods approach to analysis can be particularly valuable. Mixed-methods analysis allows the researcher to combine the strengths of both approaches. For instance, the quantitative data can provide a broad overview of trends and patterns, while qualitative data can provide deeper insights into the reasons behind those trends.

The researcher may choose to integrate the results of both analyses by using a convergent design, where both types of data are collected concurrently and analyzed separately, with

the results compared later. Alternatively, the researcher may use an explanatory design, where the quantitative data is analyzed first and then followed by qualitative interviews to further explain or explore the findings.

By triangulating the results from different data sources and methods, the researcher can strengthen the validity of the findings and provide a more comprehensive understanding of health safety and child protection in schools.

Table 1
TIMEFRAMES

	Wee									
"Main Activities/ Stages	k 1	k 2	k 3	k 4	k 5	k 6	k 7	k 8	k 9	k 10
Topic selection and its scope	A									
Identification of secondary data sources	A									
Preparation of research proposal	>									

Preparation of	>							
literature								
review								
Description of		>						
research								
methodology								
Preparing		>						
interview/surv								
ey, ethics form								
Collecting		>						
secondary data								
Analyzing data								
Comparing								
findings								
Conclusion	 _		>	>	\(\rightarrow\)	\	•	>
and								
recommendati								
ons								

collecting			•	•	•	•	•
feedback from							
the mentor							
Finalizing and							V
submission"							

3.10 Research Design Limitations

In the research, the limitations of the study design must be acknowledged, even though it offers a comprehensive approach to investigating health safety and child protection in educational institutions. These limitations include:

- Scope: The study's scope may be limited by the available resources and time
 constraints. As a result, the sample size and geographical representation may not
 cover all possible variations within educational settings. In other words, data may
 not be gathered from as many schools or regions as ideally desired due to logistical
 constraints.
- 2. Data Subjectivity: Qualitative data collected through interrogation and focus groups are subject to the interpretation of participants. While every effort will be made to ensure rigor and neutrality in the data collection and analysis, it is important to recognize that some degree of subjectivity may exist. This subjectivity could arise from differences in how participants perceive and recount their experiences or views on health safety and child protection.
- 3. Generalization: Findings from the study may be context-specific and may not be entirely generalizable to all educational institutions globally. Variations in regional

regulations, cultures, and socioeconomic conditions may impact the applicability of the results. In other words, what is discovered in one specific educational context may not necessarily apply universally to all types of schools worldwide. Factors such as local laws, cultural norms, and economic disparities can greatly influence how health safety and child protection are implemented and experienced.

It is crucial to approach the results of the research with these limitations in mind. While striving for thoroughness and objectivity in the study design, these inherent constraints remind us to interpret the findings cautiously and within the context in which they are obtained. Additionally, the importance of further research to build upon and validate the findings in a broader range of educational settings is recognized.

3.11 Conclusion

In conclusion, the methodology chapter for the study on the "Importance of Health Safety and Child Protection in Schools" is designed to ensure the ethical conduct of research while optimizing the collection of valid and reliable data. Varied aspects of the investigation process have been explored, including research design, data collection methods, population and sampling strategies, and ethical considerations.

The choice of research design, specifically employing a combination of quantitative and qualitative approaches, allows for the gathering of comprehensive insights into the multifaceted issues surrounding health safety and child protection in schools. The quantitative aspect, utilizing the questionnaire method, provides numerical data that allows for statistical analysis, while the qualitative component, involving interviews, delves into the nuanced experiences and perspectives of stakeholders.

Since, data analysis software is a vital tool for professionals across diverse fields, it offers numerous advantages for quantitative data analysis. It accelerates data processing, enhances accuracy, ensures transparency, provides access to advanced statistical methods, simplifies visualization and interpretation, improves data management, handles large datasets efficiently, enhances data security, and fosters collaboration and sharing. Its

comprehensive capabilities streamline research processes and empower professionals to extract deeper insights from complex data, making it indispensable in the era of big data. Thus it is deduced to be the best data analysis and interpretation technique.

The consideration of the target population, which encompasses students, parents, teachers, administrators, policymakers, and community members, ensures that the research captures a diverse array of viewpoints, contributing to a more holistic understanding of the topic. The application of a stratified sampling design within this population guarantees representation from various stakeholder groups, further enhancing the validity of the findings.

Moreover, ethical considerations are at the core of the methodology. Privacy is safeguarded through informed consent, confidentiality measures, and, when applicable, anonymity. The commitment is to minimize harm to participants, especially when discussing sensitive topics. Validity is maintained through careful sampling, measurement validity, and the avoidance of bias, while reliability is promoted through consistent data collection and transparent reporting.

In essence, the methodology is guided by a commitment to conducting rigorous and ethical research that respects the rights and well-being of participants while generating meaningful and applicable findings. By adhering to these principles and practices, the aim is to contribute valuable insights to the discourse on health safety and child protection in schools, ultimately fostering safer and more nurturing educational environments for all stakeholders.

CHAPTER IV:

RESULTS

Introduction

The primary objective of the study is to analyses the significance of Health Safety and Child Protection in Schools. To achieve this objective the study has adopted a quantitative -research approach. The study has collected responses from students, parents and guardians, teachers and school staff, school administrators, education policymakers, and community members. With the help of the collected data, an understanding of the significance of health safety and child protection in school would be derived through this study. The study managed to gather responses from 1088 parents, 501 staff members, and 336 students. For each of these groups of respondents, a different questionnaire is used, resulting in a total of 3 questionnaires. This research has used IBM SPSS for the analysis of numerical data gathered from these respondents.

4.1 Research Question One

Research Questions 1: What are the various causes and impacts of violence, bullying and harassment that students may experience in school on the children?

This question aims to evaluate what causes violence, bullying and harassment of students in schools and what is the impact of this phenomenon. To answer this question the study has asked questions to students, staff and parents. The outcome pertinent to this research question is as follows. The first pertinent questions and responses from the students are presented here.

The first question directly asks the students if they feel safe at school. The response to these questions can be seen in the following graph.

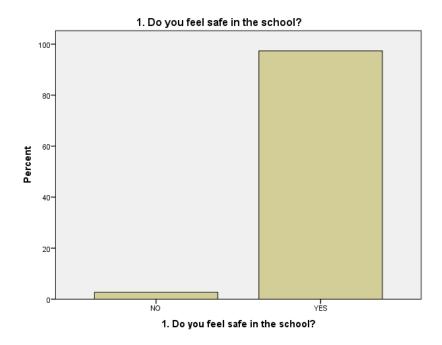


Figure 1: Do you feel safe in the school? (Students):

About 97.3% of the students responded yes to this question outlining that the majority of students consider their school to be a safe place.

Next, the students were asked if they were satisfied with the awareness sessions on safety conducted by the school. The outcome of this question can be seen in the following graph.

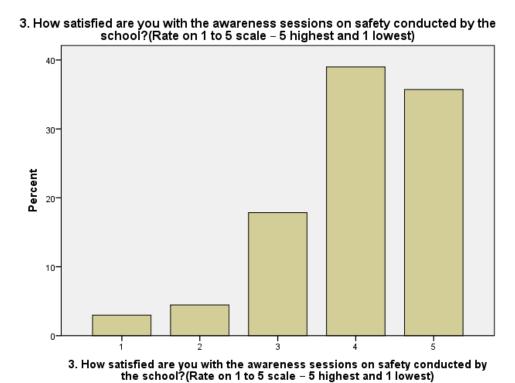
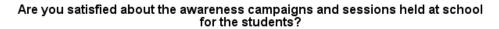


Figure 2: Satisfaction with awareness sessions on Safety. (Students)

From the above graph, it can be identified that about 3 in 4 students have shown a higher degree of satisfaction with the awareness sessions on safety in the schools. About 18% remained neutral while a small percentage of students outlined their dissatisfaction with the awareness sessions.

The same question is asked to the parents regarding their satisfaction with the awareness campaigns and sessions held at schools. The response is as follows.



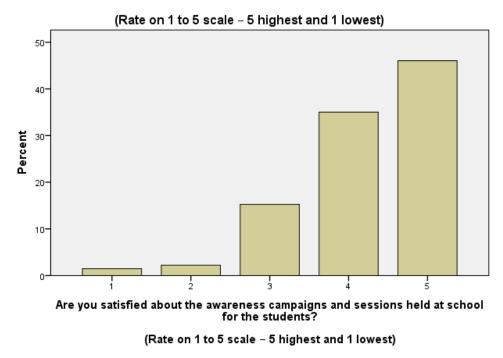


Figure 3: Satisfaction with awareness campaigns and sessions (Parent)

About 81% of the parents are satisfied with awareness campaigns and sessions at school while 15% remained neutral. Only 3.7% of the parents were unsatisfied with such initiatives. In terms of satisfaction with awareness campaigns and sessions, the response of parents and students more or less remained the same.

The following question investigated if the students found these awareness sessions useful.

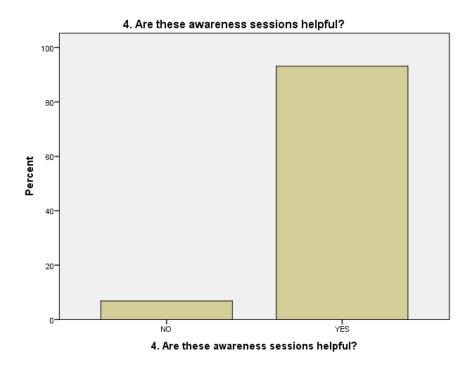


Figure 4: Usefulness of awareness sessions. (Students)

It can be seen that about 93.2% of the students found this awareness session on safety quite helpful validating the significance of these sessions.

The following question investigated if the respondents felt mentally stressed or panicked while going to school. Mental stress and panic can be considered as the first signs that the student is not comfortable in the school, therefore, this question is significant.

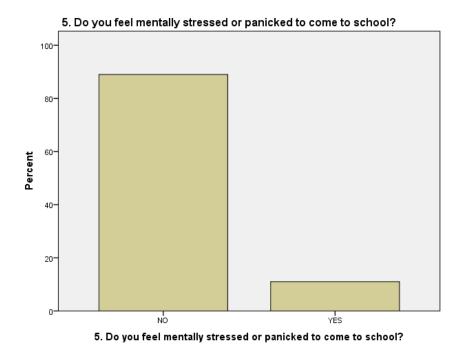


Figure 5: Mental Stress and Panic in School. (Students)

89% of the students did not feel stress or panic in school, however, 11% of students did feel this way. The schools should provide all necessary support to such students as although this number may seem small in percentage on absolute number (say on school or district level), it may be high. Proper counselling of such students is necessary.

The next question asked students what makes them feel insecure at school. The question provides insight into the source of insecurity in school which is the first step in addressing it.

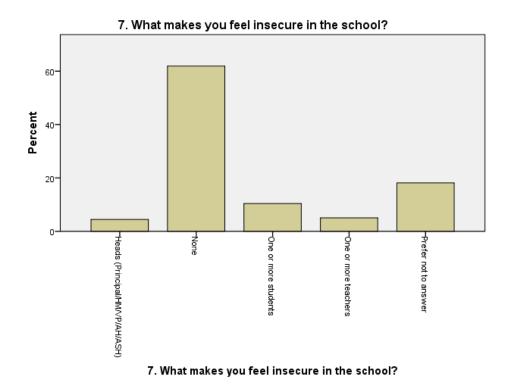


Figure 6: Source of Insecurity at School. (Students)

Every 6 in 10 students responded that nothing makes them insecure at school while 18% did not answer. This seems concerning. Furthermore, 10.4% responded that one or more students while 5.1% responded that one or more teachers make them feel insecure. About 4.5% responded that heads make them feel insecure. Here it is worth noting that 18% did not respond, some of them at least may feel insecure in school but, not ready to disclose it.

The next question is that if the students are concerned with something, do they report it? Failing to report any adverse incident can be termed as a leading cause of continuation of such incidents. For example, if the student does not report an incident of bullying or violence, it leads to further repetition of such incidents with the same person.

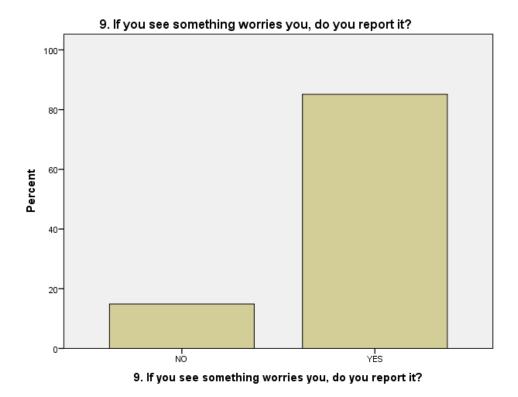


Figure 7: Reporting something that worries (Students).

85% responded yes to this question leaving about 15% of the students that do not report such incidents. It is necessary for the institutions to encourage the students to report such incidents so that the worries can be addressed and appropriate support can be provided to affected students. The institutions should ensure that the confidentiality of the students should be ensured while reporting such incidents.

The next question investigated which safety facilities are available in their institutions. Basic safety measures and facilities must be ensured by every institution. The outcome can be seen in the following bar graph.

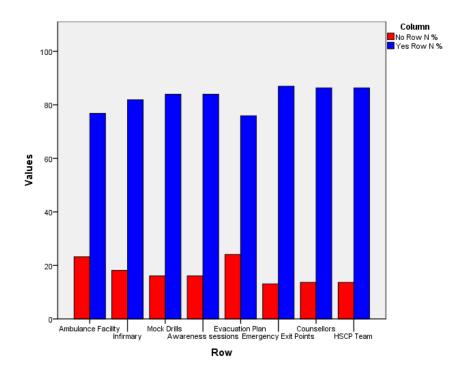


Figure 8: Safety Facilities and Measures (Students)

More than 23% of schools do not have ambulance facilities, 18.2% lack infirmary, 16.1% lack mock drills and awareness sessions, 24% lack evacuation plans, 13.1% lack emergency exit points, 13.7% lack both counsellors and HSCP teams. To ensure the schools are safe for the students, they need to focus on providing these basic facilities and measures. The specific focus should be on ambulance facilities, evacuation plans and infirmaries as they consist of the top 3 safety measures that are lacking in the schooling institutions. The absence of these facilities can have an adverse impact on the student's perception regarding the safety of the institution.

The students were then asked about their degree of satisfaction with the bullying prevention measures at their school. This question intends to investigate the effectiveness of bullying prevention measures in the school as these measures are designed for students. The outcome can be seen with the help of the following graph.

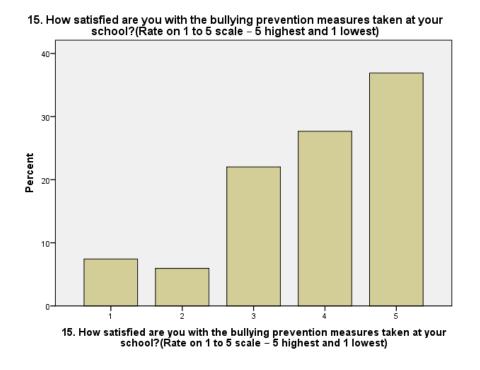


Figure 9: Satisfaction with Bullying Prevention Measures at Schools. (Students)

From the above graph, it becomes clear that about 65% had varying degrees of satisfaction (4-5) with the bullying prevention measures, while 22% remained neutral. 13.4% of students believe that bullying prevention measures at school are unsatisfactory. This finding implies that school administrations should work on improving their bullying prevention measures so that more students believe that these measures are adequate, leading to their enhanced perception of safety in the schools. Although 65% are satisfied with bullying prevention measures, ideally, this percentage should be higher.

The next question in this section was asked from parents. The parents were asked if their children complained about bullying or abuse while in school. The outcomes are as follows.



Figure 10: Child complaints about bullying or abuse:

64.2% of the parents responded no to this question. On the other hand, a significant number of parents 30% responded sometimes and 5.9% responded yes. One in 3 parents said that their child complained about being bullied or abused. This issue needs to be discussed with the school administration and resolved. Furthermore, 30% said that their children sometimes complain about being bullied, we cannot ensure why they complain sometimes. It may be due to they are being bullied or abused only some of the time or they are complaining to the parent only some of the time. It might be possible that the child complained to the patient initially, and due to the response of the parents, they may not complain again. The parents need to be careful and keep communication open to the children if such an issue occurs.

Furthermore, the parents were asked if the discipline problems with the student is being handled appropriately at school.

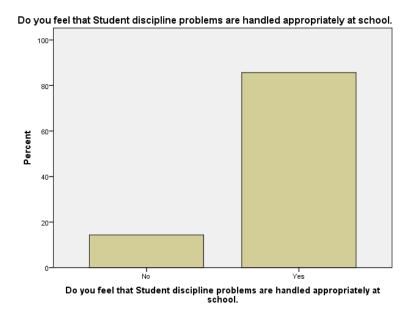


Figure 11: Student Discipline Problem Handling by School (Parent)

Here, 85.7% of the parents believe that such issues are being handled appropriately at school. The remaining 14.3% of the parents seem dissatisfied with the manner in which such issues are handled.

The parents were then asked if they feel that the mental wellness of their child is taken care of by schools.

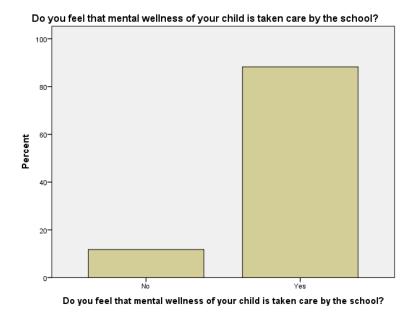


Figure 12: Mental Wellness of the Child taken care of by School (Parent)

88.2% responded positively while 11.8% of the parents do not think that their child's mental health is being taken care of by the schools. Overall, it can be said that a healthy percentage of parents believe that their child's mental health is being taken care of by the schools.

Similarly, the parents were asked if their children were happy to come to school. The outcome is as follows.



Figure 13: Children Happy to Come to School Daily. (Parent)

Only 2.2% of parents do not think that their child is happy to go to school. This is a considerably low percentage and it can be safely said that almost all parents think that their child is happy to go to school.

Next, the teachers were asked if they were aware of the basic concepts that are significant in preventing child bullying or abuse. The results were as follows.

	"Familia	Familia	Familiar,	Familiar,	Not	Somewhat
	r	, Not	Somewhat	Somewhat	familiar	Familiar
		familiar	Familiar	Familiar,	at all	
		at all		Not		
				familiar at		
				all		
	Row N	Row N	Row N %	Row N %	Row N	Row N %
	%	%			%	
School safety policies and guidelines given by the government	92.8%	0.0%	0.2%	0.4%	0.4%	6.2%
POCSO	94.4%	0.4%	0.2%	0.2%	0.6%	4.2%
Zero Tolerance Policy	94.4%	0.0%	0.0%	0.2%	0.8%	4.6%"

Table 2: Teacher's & Staff Awareness (Teachers & Staff).

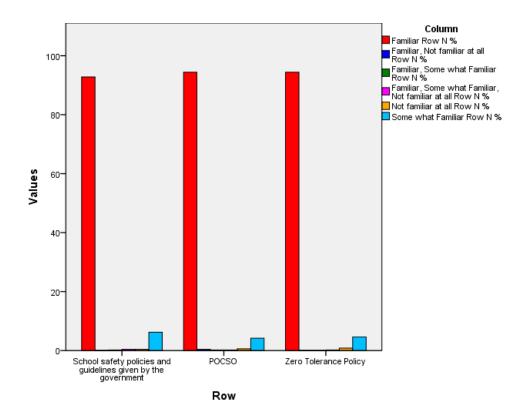


Figure 14: Teacher's & Staff Awareness (Teachers & Staff).

94.4% of respondents are familiar with POCSO and the Zero Tolerance Policy. About 92.2% of the respondents were aware of school safety policies and guidelines provided by the government. Although these percentages are satisfactory, the school administration should focus on staff training to future improve it.

The teachers and staff were then asked if they got training in dealing with student's problematic behaviour. It is necessary for teachers to have training and experience in dealing with such behaviours of the students.

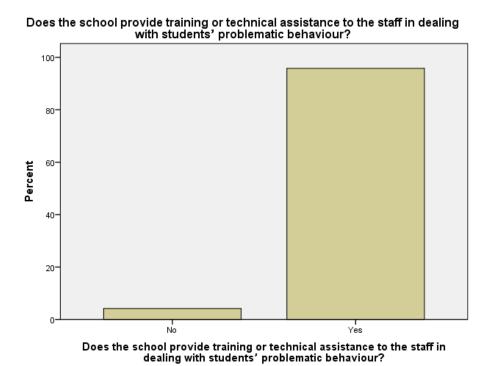


Figure: 15: Training in dealing with students' problematic behaviour. (Teachers & Staff)

95.8% of the respondents agreed that their school provide training and technical support for teachers to deal with the problematic behaviour of the students. It is a good percentage and such training can prove to be very helpful not just from teachers perspective but from student's perspective as well.

The teachers were asked if they think that their premise is free from outside threats. For students to feel safe and secure, it is necessary that school is free from external threats. The responses are as follows.

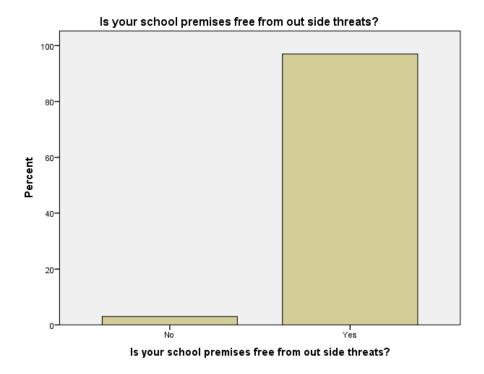


Figure 16: Premise free from Outside Threats (Teachers & Staff).

97% responded yes to this question while 3% responded in No. This signifies that the teachers widely believe that their school premises are free from outside threats. This is significant as students need a free and safe environment to learn and develop. Furthermore, when teachers were asked if they feel that school is safe from inside the building and outside on the ground 99% responded yes.

4.2 Research Question Two

To evaluate the significance of health and safety in schools

For the second research question, we start with the responses of the students. The students were asked if they were induced regarding the health and safety policies of the school. These policies are introduced in schools to ensure the safety and health of the students and staff. The responses are as follows.

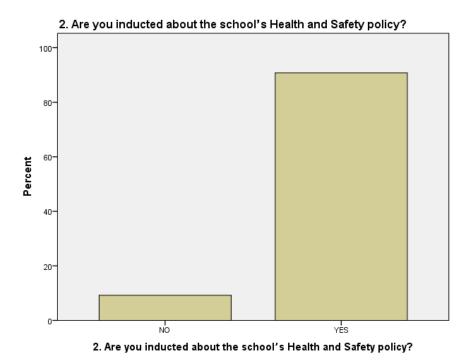


Figure 17: Students' induction of school's health and safety policies. (Students)

9 out of 10 students are induced by the health and safety policies while 1 in 10 is not aware. These policies are primarily framed primarily keeping in mind the safety and health needs of the students and the school administration should ensure that every student is induced with these policies.

The students were then asked if they felt the teachers were approachable and whether they were satisfied with it. In case of any issue for students in school teachers are the ones who should be informed and who should deal with such issues.

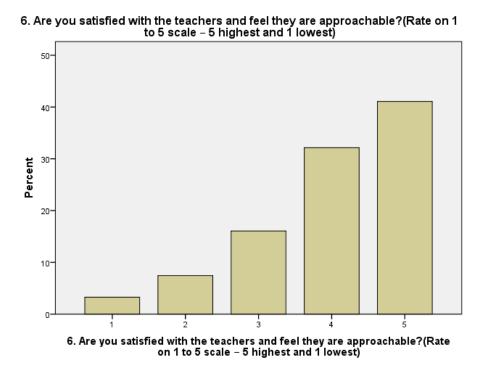


Figure 18: Students Satisfaction with Teachers Approachability (Student)

73.2% of the respondents are satisfied with the approachability of the teachers, while 16.1% remained neutral and 14% registered their dissatisfaction with it in varying degrees. The teachers should provide an environment where any student can approach the teachers in and out of the classroom.

The same question was asked by the parents as they asked "Do you feel the teachers and the other staff are friendly and approachable?".

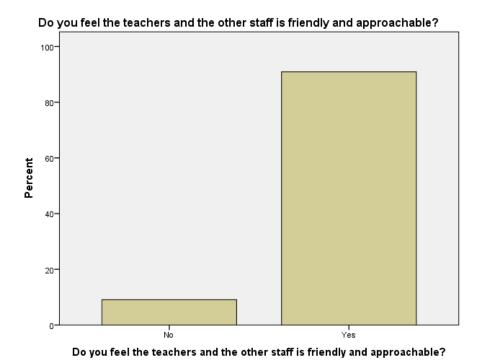


Figure 19: Staff Friendliness and Approachability (Parents)

90.9% feel that the teachers and the other staff are friendly and approachable while the remaining parents do not think so. It is essential to ensure robust communication between teachers and students for the well-being of the students.

The next question examined if the students believe teachers, counselors, and administrators care about their safety.

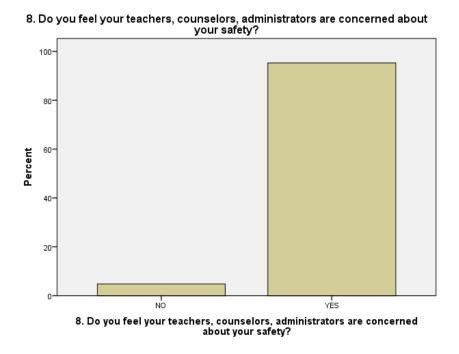


Figure 20: Concern of Teachers, Counselors and Administrators about Student safety. (Students)

The study found that 95% of the students believe that these stakeholders in schools are concerned about their well-being. About 5% responded in no. Hence the teachers, counselors and administrators should identify these students and work on winning their trust by supporting them. With the experience of these stakeholders in working with students, they can definitely help the students feel safe and secure within the school.

Hygiene is an integral part of being healthy. The students were asked to rate their satisfaction with the hygiene standards of the school.

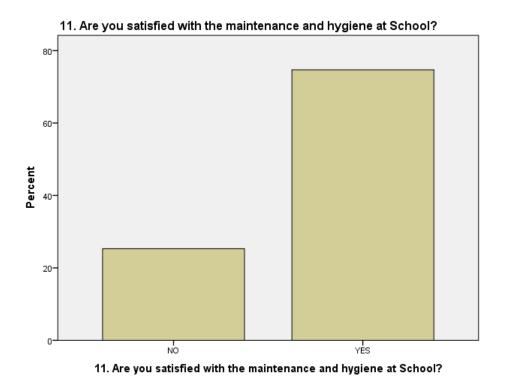


Figure 21: Students' safety with maintenance and hygiene at school. (Students)

About 3 out of 4 students are satisfied with maintenance and hygiene at schools while 1 out of 4 is not. This seems like an area where school administration should work as hygiene is often linked with the health of a person. Ensuring hygiene at the school's premises not only makes it aesthetically beautiful but also ensures that students and everyone who is working in school do not get ill often.

The same question regarding hygiene at school was also asked of the parents.

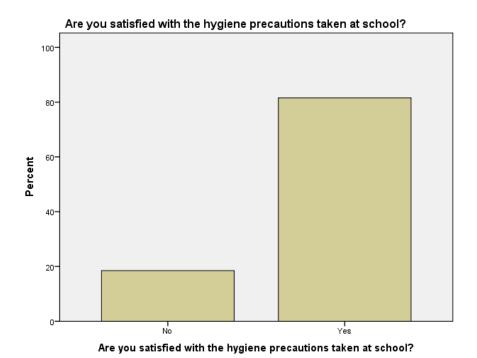


Figure 22: Satisfaction with hygiene precautions. (Parents).

81.5% feel satisfied with the hygiene precautions taken at school while the remaining found the hygiene precautions unsatisfactory. This response is somewhat similar to how the students have responded.

Extending questions on hygiene, the students were asked to rate the washrooms in the schools.

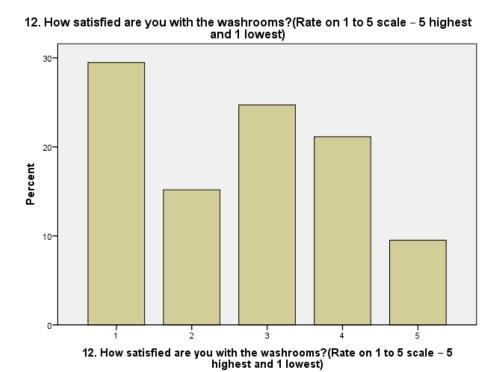


Figure 23: Student's Satisfaction with Washrooms (Students)

Only about 31% of the students registered their satisfaction with the washrooms in the school at varying degrees while about 25% remained neutral. About 45% of the students are dissatisfied with washrooms in the schools at varying degrees. This is an area where schools should focus on as it is the basic facilities that are required in schools. Clean and safe washrooms need to be ensured in the schools.

Furthermore, the students were asked if they were satisfied with the infirmary facility in the school. The responses can be seen in the following graph.

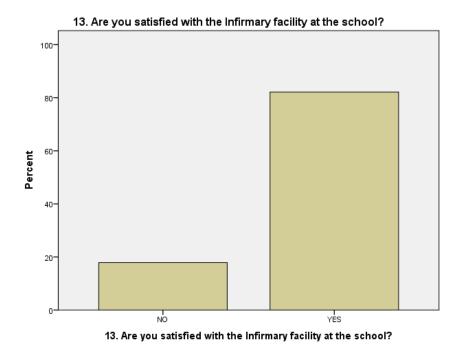


Figure 24: Satisfaction with Infirmary (Students)

8 out of 10 students are satisfied with the infirmary in the school. In case of an emergency medical facilities at the disposal of schools can prove to be critical. Hence, the schools should maintain a proper infirmary to ensure that the students can be treated at the earliest.

The parents were asked "Are you satisfied with the Infirmary, nurses and medical emergency handling process?". The responses were as follows.

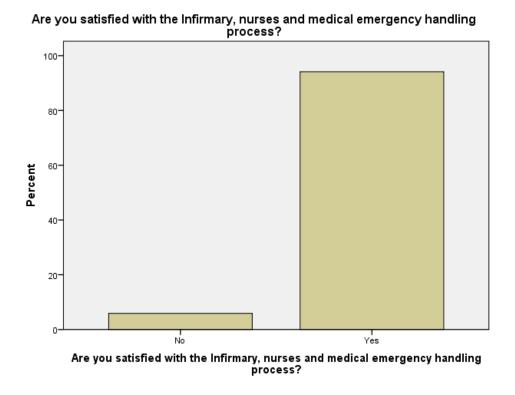


Figure 25: Satisfaction with the infirmary, nurses and medical emergency handling (Parents)

From the above graph, it can be identified that 94.1% of the parents are satisfied and 5.9% of the parents do not feel satisfied with the infirmary, nurses and medical emergency handling. Therefore, the school administrations should take feedback from the parents on how these facilities can be improved. Similarly, teachers were also asked if they were satisfied with the medical assistance given by the school to which a higher percentage agreed.

Clean and safe drinking water at the school is essential for the health and well-being of the students. The next question asked the student's satisfaction with it.

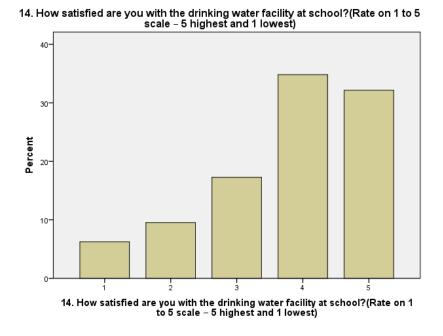


Figure 26: Satisfaction with Drinking Water (Students)

More than 60% of the students either agreed or highly agreed with this remark while 22% chose to remain neutral. Drinking water should be free from contamination and accessible to all students and staff. 15.8% of the students are dissatisfied with drinking water facilities in schools. Considering it is something as basic as drinking water, this number seems high.

The same question was also asked of the parents of the students. The responses are as follows.

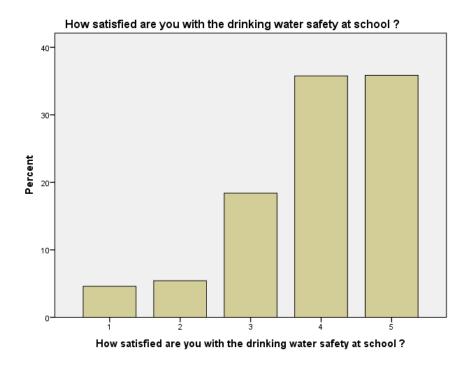


Figure 27: Satisfaction with Drinking Water Safety at School. (Parents)

More than 71% of the parents are either satisfied or highly satisfied with drinking water safety at schools. 18.4% remained neutral while 10% of the parents were unsatisfied with the drinking water safety at schools.

The students were asked if school furniture could be termed as safe. This means the furniture should be child-friendly with no sharp edges or corners. The materials used should be eco-friendly and non-toxic.



Figure 28: Safety of Furniture (Students)

68.5% of the students are satisfied with the furniture, while 31.5% found the furniture unsatisfactory. To prevent cuts and accidents it is necessary to keep the furniture safe for being used by children.

The students were asked if they were satisfied with the furniture of the schools.

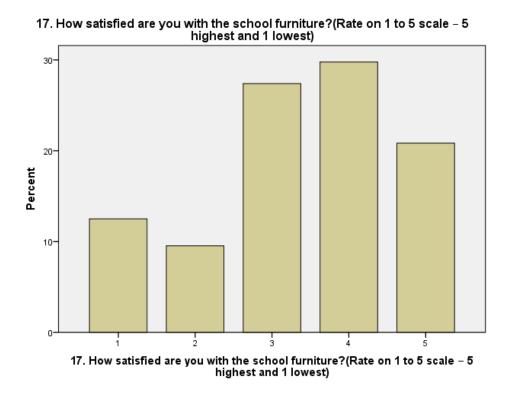


Figure 29: Satisfaction with the Furniture (Students)

About 5 out of 10 students are satisfied and highly satisfied with the furniture of the school while 27.4% are neutral and 22% are either dissatisfied or highly dissatisfied with the school furniture.

Events and competitions are the times when maintaining security is hard as a lot of guests or participants come from outside of the school. In the next question, the participants were asked how they felt during competitions and events.

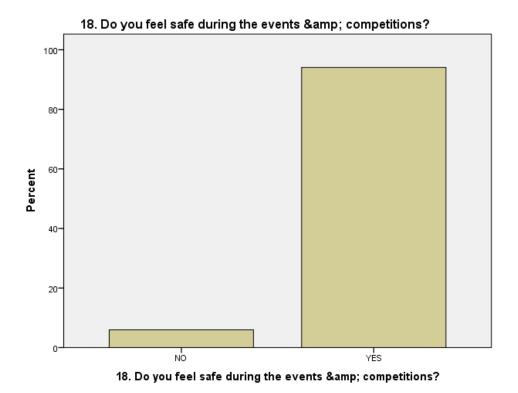


Figure 30: Feeling safe during events and competitions (Students)

94% of the respondents felt safe during events and competitions, while 6% doesn't feel safe. The school administrations should ensure the safety of everyone during such occurrences.

Next, the students were asked if they felt safe during trips and picnics.

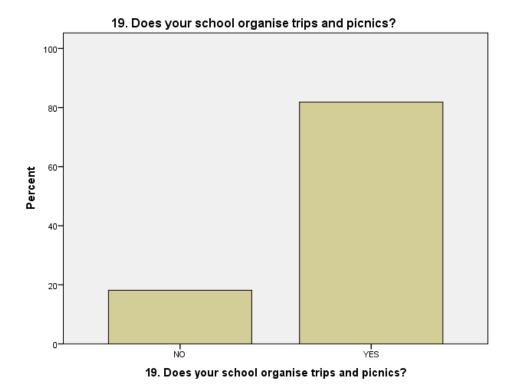


Figure 31: Organisation of Trips and Picnic (Students)

81.8% responded yes to this question and 18.2% responded no. 81.8% of respondents' schools organise trips and picnics.

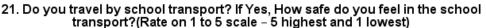
The students were then asked, "How satisfied are you with the safety precautions taken during the trips and picnics?". During such events, the students are not in or around the schools, hence, the school administration needs to take some additional measures to ensure their safety.

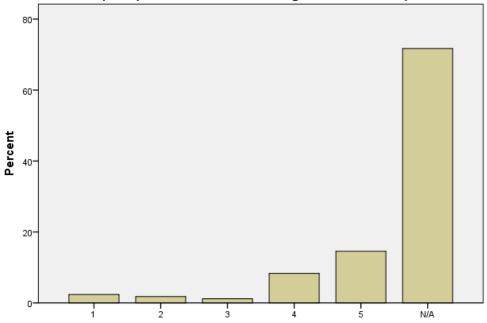


Figure 32: Satisfaction with Safety Precautions during Trips and Picnic. (Students)

The response is not applicable for 14% of the students, suggesting that they do not go to a picnic or trip or that their schools do not organise them. About 73.5% were satisfied at varying degrees with the safety measure, while 8.9% remained neutral. Only 1.2% are highly dissatisfied while 2.4% are dissatisfied with safety precautions. Hence, generally, schools ensure safety precautions during these events.

Next students are asked about their perceived safety of school transportation.





21. Do you travel by school transport? If Yes, How safe do you feel in the school transport?(Rate on 1 to 5 scale – 5 highest and 1 lowest)

Figure 33: Safety of School Transport. (Students)

About 7 out of 10 students responded not applicable as they do not use school transport. Most of the remaining respondents seem satisfied with the safety features of school transportation. When a similar question was asked to the parents, three-fourths were satisfied with the school transportation.

Furthermore, the parents were asked if they were satisfied with the safety policy followed by their child's school. Generally, the parents are aware of the safety policies and practices in their child's schools.



Figure 34: Satisfaction with safety policies at school (Parents)

About 86% of parents were satisfied or highly satisfied with safety policies at their child's school while 10% remained neutral. The percentage of parents who are not satisfied is quite low. Broadly, most of the parents found the safety policies of their school satisfactory.

The parents were asked "Is the school hazard-free as much as possible, both inside the buildings and on the grounds?". Parents can provide good insights in such cases as they are more aware of hazards compared to the students.

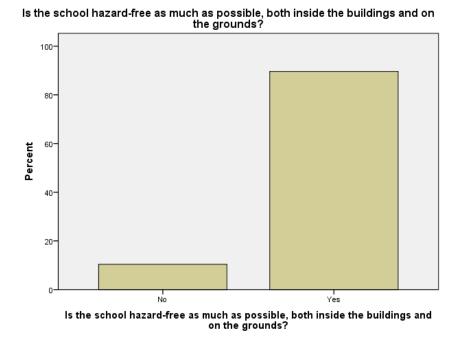


Figure 35: Hazard-free School Premise (Parents).

One in ten parents does not think that the school premises of their child is hazard-free. Although this is a considerably good number, the parents who do not think that schools of their students are hazard free, such parents should get in touch with school administration and list the things that can make the school premises hazard-free. School administration should take their feedback seriously.

Next, the parents were asked to register their level of satisfaction with the level of control maintained by the schools at all entrances and exits.

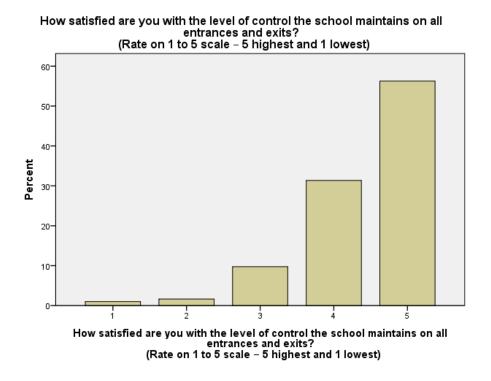


Figure 36: Satisfaction with level school's control over entrances and exists. (Parents)

From the above graph, it is observed that more than half of the parents are highly satisfied with the level of control the school maintains over entrances and exits, while 31.3% are satisfied and 9.7% remain neutral. Only 2.7% are either unsatisfied or highly unsatisfied with the level of the school's control over entrances and exits.

To put it simply, school supervision is the process of keeping an eye on, observing, and controlling the administration, day-to-day activities, instructional methods, students, and other crucial aspects of the school. The parents were asked "How satisfied are you with the level of supervision inside the school?"

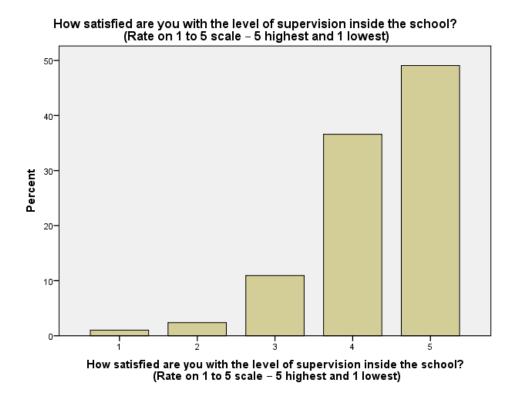


Figure 37: Satisfaction with the level of supervision inside the school (Parents)

More than 85% of the parents are either satisfied or highly satisfied with the level of supervision inside the school. 10.9% remained neutral, 1% were highly unsatisfied and 3.4% were satisfied.

Next, the parents were asked, "What do you feel about the safety and security of the students during school events such as sports or Annual day". This question is essential as usually, the school has low control over safety and security on such occasions.

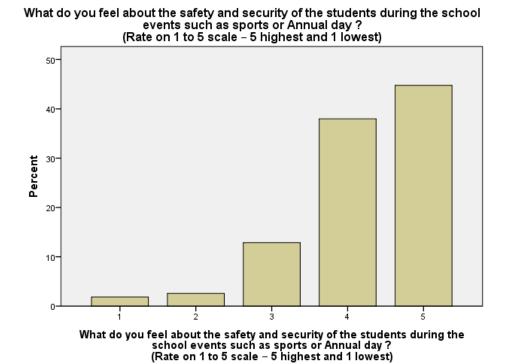
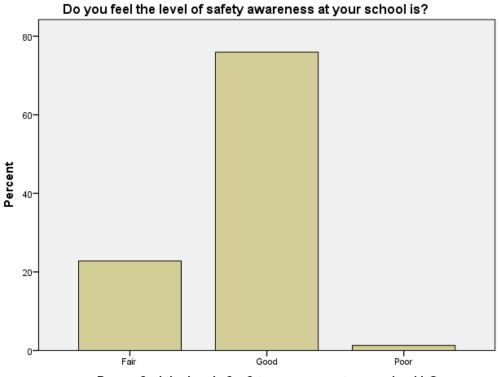


Figure 38: Safety and Security during School Events (Parents).

82.8% of the parents are either satisfied or highly satisfied with the level of safety and security during school events. 12.9% of the parents remained neutral on this question while less than 5% are highly unsatisfied or unsatisfied with the level of safety and security during school events.

Parents were asked if they felt the level of safety awareness at the school of their child.



Do you feel the level of safety awareness at your school is?

Figure 39: Safety Awareness at School. (Parent)

75.9% of the parents rated the safety awareness at the school of their child as good and 22.8% rated it as fair. Only 1.3% of the parents rated the safety awareness at school as poor. This is an objectively low number of parents signifying that they are generally satisfied with the safety awareness at school.

The parents were asked if they believed their child's school was safe or unsafe.

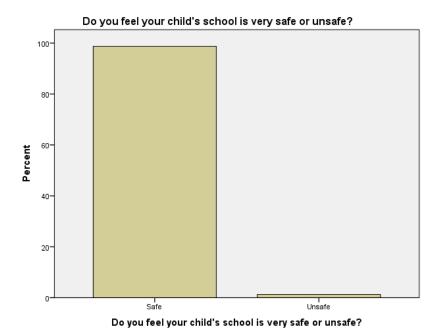


Figure 40: Safe or Unsafe school (Parents).

98.7% of parents considered their child's school to be very safe, while only 1.3% considered it very unsafe.

Furthermore, the teachers were asked if they felt safe at school. For a good learning environment, the school administration also needs to focus on the safety and well-being of the teachers.

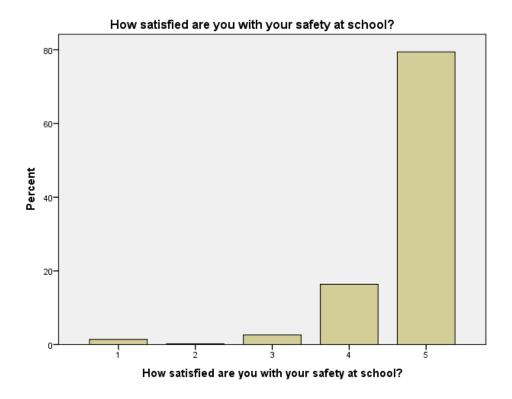


Figure 41: Satisfaction with safety at school (Teachers)

79.4% of respondents rated the highest satisfaction of 5 on satisfaction with safety at school. This is followed by 16.4% who responded that they are satisfied with their safety at school. Only a very minor percentage of the teachers were unsatisfied with their safety in the schools.

The teachers were asked, "How satisfied are you with the availability of resources, (counselors, nurses, first-aid kits etc.) to cope with safety challenges?"

How satisfied are you with the availability of resources, (counsellors, nurses, first-aid kits etc) to cope with safety challenges?

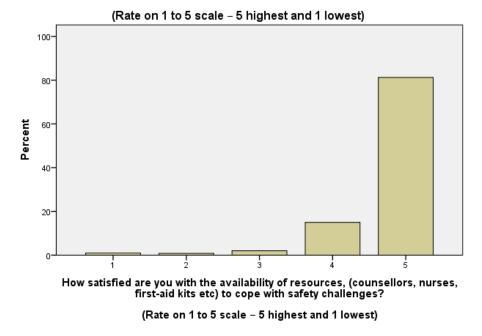


Figure 42: Satisfaction with the availability of resources, (counsellors, nurses, first-aid kits etc.) to cope with safety challenges (Teachers)

81.2% of respondents have rated the highest satisfaction of 5 on satisfaction with the availability of resources, (counsellors, nurses, first-aid kits etc.) to cope with safety challenges along with 15% who were satisfied with these facilities. Only 1 per cent of teachers were highly unsatisfied and 0.8% were satisfied with these facilities.

Teachers were asked to rate the level of support they receive from school management to implement safety-related change.

How satisfied are you with the level of support by the school's management to implement any safety related change?

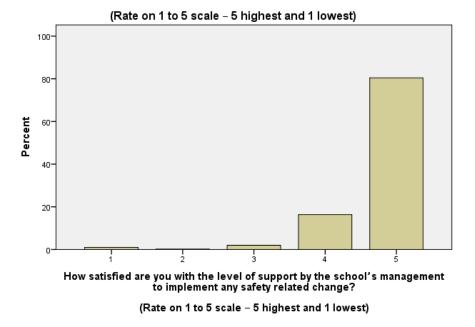


Figure 43: Satisfaction with the level of support teachers receive from school management to implement safety-related change. (Teachers)

More than 96% of the teachers are satisfied with the support they receive to a varying degree. Very few seem unsatisfied.

The teachers were then asked "Does your school provide therapeutic activities for your mental wellness?

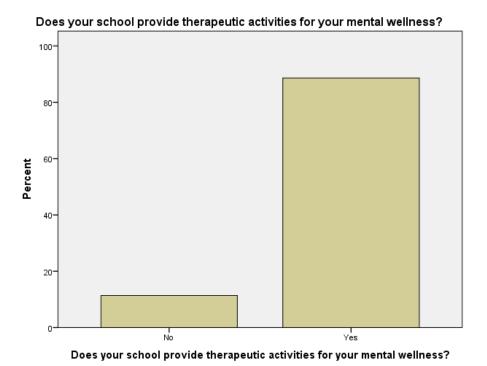


Figure 44: Therapeutic activities for teachers' mental wellness. (Teachers)

88.6% of respondents agreed that the school provides therapeutic activities for your mental wellness while 11.4% disagreed with this question.

Teachers were asked, "Does your school provide health camps for you?"

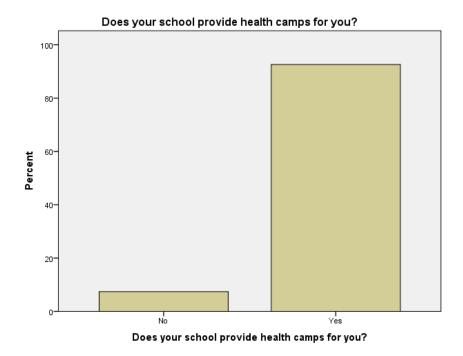


Figure 45: School-providing health camps (Teachers)

Above 92% of the teachers responded yes to this question.

4.3 Research Question Three

To fulfil this research question, the teachers & staff were asked certain questions about child protection in the school.

First, the teacher/staff were asked "Are you inducted/aware of the school's Health Safety and Child Protection policy?"

Are you inducted/aware of the school's Health Safety and								
Child Protection policy?								
		Frequen	Percen	Valid	Cumulative			
		су	t	Percent	Percent			
Val id	No	1	.2	.2	.2			
	Yes	500	99.8	99.8	100.0			
	Tot al	501	100.0	100.0				

Table 3: Teachers awareness about school's Heath, Safety and Child Protection Policies.

From the above table, it is clear that 99.8% of the teachers were aware of the health, safety and child protection policies of the school and only 0.2% responded in no. A student may experience abuse, exploitation, or violence within or outside of the classroom. It cannot be disregarded by teachers. They should instead assist the child.

Furthermore, the teachers were asked, "How satisfied are you with the training provided to staff on school safety and child protection policies and procedures?"

		Frequen	Percen	Valid	Cumulative
		су	t	Percent	Percent
Val id	1	6	1.2	1.2	1.2
	2	2	.4	.4	1.6
	3	13	2.6	2.6	4.2

4	87	17.4	17.4	21.6
5	393	78.4	78.4	100.0
Tot al	501	100.0	100.0	

Table 4: Teachers satisfaction with training provided to staff on school safety and child protection policies and procedures

This table indicated that 17.4% of the teachers are satisfied and 78.4% are highly satisfied with training provided to staff on school safety and child protection policies and procedures. 2.6% remained neutral while only less than 2% were either unsatisfied or highly unsatisfied.

4.4 Summary of Findings

This study is guided by 3 primary research questions. These include the cause and impact of violence and bullying, the significance of health and safety in schools and lastly, the significance of child protection in schools. The study has taken responses from teachers/staff, parents, and students. The study found that only a very small number of students do not feel safe at school and they believe that awareness sessions are useful. A large majority of students do not think that they feel mentally stressed and panicked at school, however, appropriate counselling should be given to students who feel stressed at school. This finding is significant as Côté-Lussier and Fitzpatrick (2016) outlined that children who have a sense of security at school exhibit higher levels of engagement in the classroom. Less depressed symptoms were displayed by students who felt safer. The leading cause of insecurity for the students is other students, followed by teachers and heads (like Principals). 85% of the students responded that they would report any adverse events. These findings are somewhat different from Kepenekci and Çınkır (2006) who found that all students they studied reported that they were being bullied. More than 65% of students were satisfied with bullying prevention measures in school, while 22%

remained neutral and 14.3% remained unsatisfied. The school administration should focus on this issue. About 35% of the students complain to their parents about bullying or abuse and a large majority of parents believe that discipline issues are being handled by the school in an appropriate manner. Parents also believe that schools take care of their child's mental wellness and believe that their child is happy to go to school. The study further outlined that teachers are aware of key concepts like school safety policies and guidelines, zero tolerance policy and the POCSO Act. The teachers are also trained to handle the problematic behavior of the students and they consider school a premise free of outside threats.

With regard to the second research question, 9 out of 10 students are induced by the health and safety policies and 73.2% of the respondents are satisfied with the approachability of the teachers while 90% of the parents think that teachers are approachable. On the contrary, Sabir et al. (2021) reported that 7 out of 12 teachers were approachable. 1 out of 4 students is not satisfied with the maintenance and hygiene in the school and the response from parents on the same question is somewhat similar. This is a concern that the school administration should focus on. Parents seem more satisfied compared to students when it comes to the infirmary and medical facilities at school. From drinking water facilities more than 60% of students and 71% of parents registered their satisfaction. Gevera et al. (2022) link the low satisfaction with drinking water with low consumption of water. The leading cause for this dissatisfaction is the taste of the water. About 94% of the students are also satisfied with the safety measures during the events and competitions. Also, 73.5% are satisfied with safety measures during picnics and trips. Overall, parents registered a higher degree of satisfaction with the safety policies of the school, their control over entrance and exits and supervision inside the school. Teachers believe that they are safe in school and they get appropriate support from the school for safety-related changes. The teachers more often get therapeutic activities and health camps from school.

For the third research question, more than 99% of the teachers were induced or aware of the child protection, health and safety policies of the school. Contrary to this finding, Buckley and McGarry (2011) reported that compliance with the provided guidelines is

weak. Of those surveyed, half were unaware of the existence of a child safety policy at their school. Just slightly more than half of those who knew about their school's child safety policy had actually read it. More than 95% are satisfied with the training provided to them on school safety and child protection policies and procedures.

CHAPTER V:

DISCUSSION

5.1 Discussion of Results

The primary aim of the research is to analyse the importance of health safety and child protection in schools. The investigation employs a quantitative research approach to accomplish this goal. Students, parents and guardians, educators, school administrators, educators, education policymakers, and community people have all contributed to the study by providing responses. Further, this Chapter of Results and Discussions highlights the major findings of the research and links them with the research objectives. Also, this chapter ascertains whether the findings obtained align with those of the previous research studies or contrast with them. Antisocial or delinquent behavior is the strongest predictor of school violence. According to Maslow's Hierarchy of Needs, safety can be regarded as the foundational need which needs to be addressed before proceeding for higher levels of performance, which is significantly applicable for schools. A significantly varied role is played by schools when it comes to child protection, rather than just focusing on and eradicating educational achievement of children who have been recognized as vulnerable.

5.2 Discussion of Research Question One

What are the various causes and impacts of violence, bullying and harassment that students may experience in school on the children?

A large percentage of children believe their school to be a safe environment (97.3% of students). Additionally, it is evident that almost three out of four pupils expressed greater satisfaction with the safety awareness programmes held in the educational institutions. Approximately 81% of parents express satisfaction with school-based awareness programmes and workshops. The fact that 93.2% of the students thought the safety awareness course was quite useful confirms the importance of these programmes. While 11% of kids reported feeling nervous or apprehensive at school, 89% of pupils reported no such feelings. Along these lines, it must be emphasised that Hernandez et al. (2010) carried

out an investigation which stated that a secure educational environment is one in which there is no violence and no discomfort with the organisation or its disciplinary practices. This suggests that everyone can interact in a helpful way to promote educational activities in a safe school without worrying about getting hurt, therefore, schools must work on eradicating the feelings of nervousness and apprehension among pupils.

Moreover, six out of ten pupils said that nothing about school makes them feel insecure. Moreover, 5.1% of respondents said that one or more teachers made them feel uneasy, compared to 10.4% who said that one or more students made them feel insecure. 4.5% of respondents said they felt insecure around their heads. Eighty-five percent said "yes" to reporting concerns that arise leaving 15% of learners not reporting such instances. In this context, Mooij & Fettelaar (2013) suggested that the psychological aspects of school safety are explored in literature in relation to the sense of security that staff and children experience there (Mooij & Fettelaar, 2013). The findings of research on students' perceptions of safety at educational institutions have sparked conversations about what it means to feel safe (Kutsyuruba et al., 2015); they have also sparked debates about the implications of disabilities (Mubita, 2016) and the relationships between the learning environment, safety, and pupil achievement and overall well-being.

Additionally, there are almost 23% of schools without ambulance services, 18.2% without an infirmary, 16.1% without awareness and mock drills, 24% without evacuation strategies, 13.1% without emergency exits, and 13.7% without counsellors and HSCP teams. This indicates the condition and the lack of preparedness of the schools in cases of emergencies. In this context, Mubita (2021) predominantly highlighted that the goal of the school is to create a secure learning environment that encompasses the school's physical facilities, outdoor areas, and surrounding areas. The requirement is for several adequate welfare amenities to protect student's health and safety in learning environments.

Further, 65 percent of the respondents expressed varied levels of satisfaction with the steps taken to avoid bullying. 13.4% of learners think that school-based initiatives to combat bullying are insufficient. While 65% of respondents are content with bullying prevention

strategies. In response to child accusations regarding bullying or abuse, 64.2% of the parents responded no to this question. According to one in three parents, their child reported being mistreated or bullied. Moreover, thirty percent of parents stated that their kids occasionally complain about feeling bullied. This reveals that bullying is still prevalent in schools, even though several measures have been implemented by the school management and policymakers to combat it. As revealed in the literature review segment, the goal of the school arthritis is to create a secure learning environment that encompasses the school's physical facilities, outdoor areas, and surrounding areas. The requirement is for several adequate welfare amenities to protect student's health and safety in learning environments (CSBA, 2018). The study also revealed that 85.7% of parents think that schools are handling these kinds of problems correctly. The remainder of 14.3% of parents appear to be unhappy with how these matters are handled. Concerning this, García (2010) stated that schools have an indirect duty to prepare students for life after school and a direct responsibility to ensure that students in education are not exposed to particular risks. This entails teaching children to be more accountable for both their security and the well-being of other people.

Furthermore, the study pointed out that 11.8% of parents do not believe that their children's mental health is being cared for by educational institutions, and 88.2% of parents gave a positive response. Merely 2.2% of parents believe that their child does not enjoy attending school. In this context as observed in the literature review chapter, Bick & Nelson (2016) revealed that children who have experienced abuse run the risk of developing related cognitive problems, such as difficulties with comprehension and paying consideration (Bick & Nelson, 2016). It has been said that experiencing neglect as a child increases the likelihood of developing depression, stress, and related problems as an adult. Poor mental and emotional wellness has also been noted as a component of the psychological effects linked to child neglect and assault. Nevertheless, the present research suggests that schools often take care of the mental health of the students which in turn leads to positive influences on their future. Thus, the mental health of the students must be the utmost priority of the schools which will in turn assist students and encourage them to attend schools regularly.

Of those questioned, 94.4% are aware of the Zero Tolerance Policy and POCSO. Nearly 92.2% of those surveyed were aware of the country's policies and processes regarding school safety. 95.8% of those polled agreed that for teachers to handle disruptive students, their school should provide them with technical support and training. Additionally, 97% of educators think that the school's premises are safe from outside threats. In this context, Gracia (2010) revealed that Teachers and instructors must receive training because they might not have real-world experience in the workforce outside of the classroom. Furthermore, they may be unaware of the methods used to communicate health and safety-related information. There have also been reports of teachers being overworked, which renders it challenging for them to meet their traditional learning objectives. Therefore, this study's findings align with those of Gracia and it is highlighted that teachers must be trained in order to result in better outcomes.

5.3 Discussion of Research Ouestion Two

Research Question 2: To evaluate the significance of health and safety in schools

As observed in the literature review chapter, García (2010) asserts that within the concept of safety and health, an educational institution addresses a range of issues and catastrophes to safeguard the overall well-being of its children. "School safety" also includes providing a safe environment for pupils to travel from their residences to their classrooms and back. This includes defence against all forms of abuse, assault, mental health issues, fire, travel, and natural and man-made calamities. In a safe school, teachers, staff, and students can participate in and carry out their instructional and educational operations without worrying about any threats (García, 2010).

The present study revealed that one pupil out of ten is unaware of the health and safety policies, compared to nine out of ten who are aware of these policies. Of those surveyed, 73.2% expressed contentment with the teachers' approachability, 16.1% expressed neutrality, and 14% expressed varied degrees of discontent. Of the parents, 90.9% believe that the instructors and other personnel are approachable, whereas the remainder of the

parents do not share this opinion. According to the report, 95% of learners think that the school stakeholders care about their welfare. In this context, Vincent (2015) noted that intervention is necessary every time problems in the lives of children and young adults emerge and that it should take place right away. The investigators believed that because educators in primary schools as well as other staff members work with children daily, they are in a unique position to identify needs early and are essential in helping other organisations address vulnerabilities.

Roughly three out of four pupils are satisfied with the upkeep and hygienic conditions at schools. 81.5% of respondents are satisfied with the hygienic measures implemented at school, while the remainder of respondents thought they were inadequate. In the context of stakeholders, similar research findings were obtained in the study conducted by García (2010) who stated that it is necessary to take into account the importance of all the stakeholders. The importance of having highly qualified teachers has also been mentioned in several instances. According to García (2010), the aforementioned elements support the requirement for including health and safety throughout the curriculum, which renders it transferable to different subjects. Educators must improve the calibre of instruction they provide. The incorporation of health and safety features necessitates significant changes to the learning culture, and its execution calls for creative teaching strategies, patience, and time from all involved parties (García, 2010).

Moreover, 31% of learners expressed varied degrees of contentment with the school's restrooms. While 45% of students had varied degrees of dissatisfaction with the restrooms in their schools. Of the pupils, 31.5% thought the furniture was inadequate, while 68.5% thought it was excellent. Approximately five out of ten kids are extremely content with the school's furniture. During tournaments and events, 94% of the participants said they felt safe. When asked if they organised trips and picnics, 81.8% said yes. A little over 73.5% expressed varied degrees of satisfaction with the safety measure, while 8.9% expressed no opinion. Eight children out of ten are happy with the school's medical centre. 5.9% of parents are dissatisfied with the infirmary, nurses, and medical emergency handling, compared to 94.1% who are satisfied. Over sixty per cent of the kids expressed agreement

or strong agreement with the supplied drinking water. Regarding the safety of drinking water at schools, over 71% of parents are either extremely satisfied or satisfied. About 86% of parents were satisfied or highly satisfied with safety policies at their child's school. One in ten parent does not think that the school premises of their child is hazard-free. it is observed that more than half of the parents are highly satisfied with the level of control the school maintains over entrances and exits. More than 85% of the parents are either satisfied or highly satisfied with the level of supervision inside the school. During school activities, 82.8% of parents are extremely satisfied with the level of safety and security. 75.9% of the parents gave the school where their child attends a positive rating for safety awareness. Just 1.3% of parents thought their child's school was extremely risky, compared to 98.7% who thought it was very safe. When it came to their level of satisfaction with school safety, 79.4% of instructors gave it a five. To varied degrees, over 96% of the instructors are satisfied with the support they receive. 11.4% of those surveyed disagreed with the statement that therapeutic activities are provided by the school to promote mental wellness, while 88.6% of participants agreed. This study's results align with those of McGuire (2017) who had similar opinions on the same. He emphasised that regulations and processes should be in place in secure schools to protect workers and pupils from intrusions. When picking up a child from educational institutions, visitors may often be requested to show identification to confirm that they are on the children's authorised pick-up list. Furthermore, plans or designs for secure schools should be built with fewer uninvited entrances.

5.4 Research Question Three

Research Question 3: To examine the significance of child protection in schools

The research study revealed that 99.8% of the teachers were aware of the health, safety and child protection policies of the school. A student may experience abuse, exploitation, or violence within or outside of the classroom. It cannot be disregarded by teachers. They should instead assist the child. Furthermore, the study found that 78.4% of educators are extremely satisfied and 17.4% of teachers are pleased with the personnel's instruction

regarding child protection and educational institution regulations and policies. In the context of policies, it must be asserted that under the National School Safety Policy Instructions, the Government of India has devised several child protection programmes to tackle the problem of child abuse and guarantee the well-being of children in classrooms. The School Safety Programme is one such noteworthy initiative. The program's main objective is to encourage an environment of disaster mitigation in school communities by focusing on fostering a culture of disaster security in schools. National Policy and Children (2013) is also worth mentioning in this setting. The purpose of the policy's approval is to support the execution of child-focused initiatives throughout the country. The policy has prioritised the following areas: involvement and security, learning and growth, well-being and nutrition, and sustenance (National Policy and Children, 2013).

CHAPTER VI:

SUMMARY, IMPLICATIONS, AND RECOMMENDATIONS

6.1 Summary

Analysing the significance of health safety and child protection in schools is the main goal of the study. To do this, the inquiry uses a quantitative research methodology. Contributions to the survey have come from students, parents and guardians, teachers, school administrators, educators, education policymakers, and members of the community. This chapter of conclusions provides a summary of the major findings. It highlights the implications of the present research study, provides recommendations for future research and emphasises the conclusions of the research.

Three main questions serve as the basis for this investigation. These involve the reasons behind and effects of abuse and harassment in schools, the importance of health and safety in educational institutions, and the role that child protection plays in classrooms. Parents, children, and teachers/staff have all provided data for the research. According to the report, relatively few pupils feel unsafe at school and they think awareness campaigns are helpful. Although the vast majority of pupils do not believe that they experience psychological strain and fear at school, those who do should receive the proper assistance. Students' primary sources of insecurity are other students, followed by instructors and administrators (such as principals). In response, the majority of the students said they would report any unfavourable incidents. Further, students expressed satisfaction with the school's efforts to prevent bullying. This issue needs to be the school administration's top priority. A significant proportion of parents report bullying or abuse to their children, and most parents think the school is handling discipline concerns appropriately. In addition, parents think that schools look out for their children's mental health and that their children enjoy attending school. The survey also showed that teachers understand important ideas such as the POCSO Act, zero-tolerance policy, and school safety policies and standards. Teachers view the school as a safe place, free from outside risks, and they are also taught to deal with the disruptive behaviour of the pupils.

Regarding the second issue being researched, several parents believe that teachers are approachable, and pupils are required to follow health and safety standards. Additionally, students are satisfied with the approachability of the teachers. However, students express dissatisfaction with the upkeep and hygienic conditions of the school, and parents' responses to the same question are largely consistent. The administration of the institution ought to give attention to this issue. Parents appear to be more content with the institution's medical facilities and infirmary than children are. Learners and parents expressed satisfaction with the water-drinking facilities. Students express satisfaction with the safety protocols implemented during contests and activities. Furthermore, content with the safety precautions taken on outings and picnics. In general, parents expressed greater satisfaction with the classroom's safety regulations, their authority over entry and departure, and the supervision provided within the school. Instructors feel safe in the classroom and receive the necessary assistance from the institution for modifications of safety. Instructors are more frequently provided with medical camps and therapeutic activities by the school.

Regarding the third research question, the majority of the teachers were either informed or prompted to follow the educational institution's health, safety, and safeguarding children rules. The training they received on child protection and school security rules and regulations was well-received by the majority of the participants.

6.2 Implications

The promotion of child protection in schools entails safeguarding all pupils against being exposed to weaponry, threats, harassment, bullying, and violence, as well as the usage or accessibility of illicit substances on school property and other crises. Improved student and educational results are linked to children's safety in the classroom. In particular, academic success and children's mental and physical security at educational institutions are related. On the other hand, there is a greater chance of course failure, poor performance, and expulsion from school for children who have experienced emotional and physical abuse. Based on the study findings of the research, the following theoretical and practical implications have been identified.

The study holds extensive research implications on both the academic and theoretical fronts.

Firstly, the study will prove to be important for several stakeholders the policymakers, the school management, and the childcare professionals, as they can develop clear protocols, for reporting the incidents, provide assessments for ensuring the safety of the children, maintain the confidentiality of the child issues and also provide appropriate training to the teachers to deal with the child issues. By understanding the relationship between academic achievement and student's physical and mental well-being, administrators and policymakers may pinpoint the tactics that limit child abuse and harassment and help them achieve academic excellence in the early phases. The primary goal of this study is to provide useful information to investigators, school administrators, childcare professionals, and related stakeholders who are interested in optimising child growth and development through the implementation of effective childcare procedures and mitigating issues of abuse and harassment. This will not only assist in improving children's health and safety but will also improve the overall reputation of the school.

Furthermore, the study has also highlighted the gaps that teachers and parents must bridge in order to understand the mindsets of their children. Comprehensive training programs, regular parent-teacher meetings, and professional development programs may assist the children in addressing the issues they face.

On theoretical fronts, the study will also add to the body of literature in the domain of Health Safety and Child Protection in Schools. This in turn will enhance scholarly knowledge, offering novel insights, conceptual frameworks and theoretical perspectives regarding child health and safety, child protection and issues of abuse and harassment. By analysing the theories related to these constructs, the study advances knowledge of the ways in which the fields of academic achievement and a child's physical and mental well-being interact and affect one another in the academic literature. The study aims to develop a novel framework that integrates the concepts of safety and security using theoretical

concerns from several disciplines. Thus, the framework developed will prove to be crucial for future research scholars who seek to conduct further research in this domain of study.

6.3 Recommendations for Future Research

From the findings of the study, it is evident that extensive rules, regulations and policies are required to comprehensively address the issues of prevention, protection of the children and the safety of the schools. Based on the findings of the research, the following recommendations have been provided that deal with the importance of Health Safety and Child Protection in Schools.

- → The study recommends that associated stakeholders must work on improving the school environment. Educational institutions must work on establishing a positive and secure environment for the children at schools by involving several initiatives like improvement of communication, introducing initiatives to improve mental health, and enhancing the infrastructure for proper care of the children.
- → Moreover, the study reveals the importance of educators' training and support in comprehending child protection initiatives and ensuring the health and safety of the teachers. The schools must work on the introduction of professional development initiatives that emphasise enhancing the skills, knowledge and capabilities of the teachers in controlling disruptive behaviour and encouraging an attentive and supportive environment for the welfare of pupils.
- → Additionally, the study recommends that parents and guardians must engage with the school safety programs and be involved in the decision-making. This will in turn assist in developing collaboration and trust and introducing safe and supportive developmental initiatives.
- → The study further highlighted that the school management must work on addressing the concerns regarding the infrastructural facilities and

maintenance of hygienic conditions at the school. The school authorities need to work on regular maintenance of the amenities provided by the children including water provided for drinking, medical facilities, and provision of restrooms in order to ensure the safety of the students.

→ Finally, the study asserts that collaboration with the community in controlling disruptive behaviour and encouraging an attentive and supportive environment for the welfare of pupils

Although extensive research study has been conducted to ascertain the importance of Health Safety and Child Protection in Schools by gathering data from students, teachers and parents, it must be noted that the findings obtained are in quantitative form. Thus, the information collected depicts the factual and statistical data. Therefore, this often lacks indepth interpretations since the respondents could only select their answers from the given set of responses. Future research studies must be conducted that collect qualitative data through interview responses in order to gain deeper insights regarding the current study domain. Furthermore, future research studies must hold comparative research wherein the child well-being policies are analysed in schools in both developing and advanced economies to draw crucial inferences for the schools that are still facing the issues of child abuse and harassment. Future research studies must also conduct interviews with the government authorities to comprehend what initiatives have been undertaken by them and what their future course of action is to deal with such complications.

6.4 Potential outcomes of research on the importance of health safety and child protection in schools

- 1. Improved student health and safety: Research might show a direct correlation between comprehensive health safety protocols and a decrease in student injuries and illnesses. Enhanced mental health services could lead to lower rates of student anxiety, depression, and other mental health issues.
- 2. Increased Academic performance: Studies could find students in schools with strong safety and child protection policies perform better academically, as they feel safer and more supported.

- 3. Enhanced school climate: Research may indicate that schools with effective health safety and child protection policies have a more positive school climate, characterized by trust and respect among students and staff.
- 4. Reduced Liability and Costs for Schools: Effective implementation of health safety and child protection measures can reduce legal liabilities and financial costs associated with accidents and negligence.
- 5. Community and Parental Involvement: Studies might show increased community and parental involvement in schools that actively promote and implement safety and protection policies, enhancing the overall educational environment.

6.5 Conclusion

The main goal of the current research is to analyse the significance of health safety and child protection in schools. To do this, the investigation uses a quantitative research methodology. Responses to the survey were received from students, parents, guardians, and teachers. Given the goals of the study, the types of variables being analysed, and the possible policy ramifications, the quantitative research approach helps in exploring the significance of health safety and child protection in schools. This study aims to offer comprehensive findings that can guide policies, actions, and subsequent studies in the area of educational security and child protection through the methodical collecting and statistical evaluation of numerical information. With consequences that go beyond the particular context of this investigation, the goal of this investigation is to improve children's safety and well-being in school settings by utilising the advantages of quantitative research. According to the findings, the majority of students felt comfortable, but abuse and harassment concerns still need to be addressed. Parents believe that schools are doing a good enough job of handling behavioral and mental health issues. Teachers feel encouraged by the organization and follow safety procedures. Parents and students voice satisfaction

with certain features of the school's amenities, but they also have worries regarding maintenance and hygiene. Instructors are positively impacted by the proper training they get on children's safety and protection regulations. In general, the report highlights how critical it is to give school safety and child protection priority, and it offers suggestions for further investigation and action.

6.6 Suggestions for Further Research on Health Safety and Child Protection in Schools

- 1. Longitudinal Studies: Conduct long-term studies to assess the enduring effects of health safety and child protection policies on student well-being and academic success.
- 2. Comparative Studies: Compare the effectiveness of different health safety and child protection strategies across various cultural and socioeconomic contexts.
- 3. Technology Integration: Investigate how modern technologies, like digital surveillance and AI-based threat detection systems, can enhance child protection without compromising privacy or autonomy.
- 4. Policy Implementation and Compliance: Study the barriers to effective implementation of health safety and child protection policies and explore strategies to enhance compliance and effectiveness.
- 5. Training and Education Programs: Evaluate the effectiveness of various training programs for school staff and students on issues of health safety and emergency response.
- 6. Psychological Impact Assessment: Research the psychological impacts of health safety incidents and child protection failures on students and staff to better understand how to support affected individuals.

- 7. Role of Non-Teaching Staff: Explore the role of non-teaching staff (such as janitors, cafeteria workers, and security personnel) in maintaining a safe and protective school environment.
- 8. Legal and Ethical Considerations: Analyze the legal and ethical considerations involved in implementing stringent health safety and child protection measures, especially those that might impinge on personal freedoms and privacy.
- 9. Impact of Health Safety on Special Needs Students: Investigate how health safety measures affect students with special needs and what additional protections might be necessary to ensure their safety and well-being.
- 10. Global Best Practices: Study international best practices in school health safety and child protection to identify effective global strategies that can be adapted and implemented in different national contexts.

By exploring these areas, researchers can contribute to the development of safer and more supportive educational environments that foster the well-being and success of all students.

I have collected some images from my survey on the topic of "The Importance of Health, Safety, and Child Protection" in different schools. I am impressed to observe that the majority of schools have highly engaged Health, Safety, and Child Protection (HSCP) committees that convene monthly to address issues concerning the safety of students and staff. These committees actively involve parents in their decision-making processes. Moreover, schools are now subject to annual third-party audits—an excellent initiative many educational institutions have begun to embrace.

I'm sharing a few photos here.



Empowering Safety and Well-being

Highlights from HSCP Activities, Trainings, Workshops, Webinars, Fire Drills etc for Students, Staff, and Sub Staff Across Various Schools



HEALTH SAFETY AND CHILD PROTECTION INDUCTION FOR JGS, HABSIGUDA & JGS, MALLAPUR



Health, safety, and child protection plays an important in schools to ensure the well-being and safety of all the stakeholders.

- Physical Safety
- Health Services
- Emergency Preparedness
- Child Protection Policies
- Bullying Prevention
- Safe Transportation
- Security Measures
- Health Education
- Collaboration with Parents and Communities



















CSA & POCSO SESSION FOR TEACHERS AT JGS, HABSIGUDA

CSA (Child Sexual Abuse) and POCSO (Protection of Children from Sexual Offences) sessions were conducted for creating awareness and educating individuals about the prevention of child sexual abuse and the legal framework for dealing with such offenses.











POCSO SESSION FOR ALL THE STAFF OF JGS, HABSIGUDA & JGS, MALLAPUR



An informative and important session on POCSO was held for the academic and admin staff of JGS, Mallapur and JGS, Habsiguda on 28th February 2024. The session was conducted by Mrs. M. Archana, Honourable Member, Child Welfare Committee.







POCSO SESSION FOR THE MALE STAFF OF JGS, HABSIGUDA & JGS, MALLAPUR BY HEALTH BASIX





Training the trainers Workshop

The Counsellors and Coordinators of Johnson Grammar School attended a workshop on "Teaching children about Body Safety" that was organized by The Hyderabad Academy of Psychology.







ANTI BULLYING CAMPAIGN AT JOHNSON GRAMMAR SCHOOL, **HABSIGUDA**





SESSION ON MENTAL WELLNESS FOR THE STUDENTS AT JGS, **HABSIGUDA**



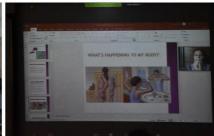






TEENAGE TOOLKIT SESSION FOR GRADES 6, 7 & 8 AT FOR JGS, HABSIGUDA & JGS, MALLAPUR











The Jay of being

SESSION ON SAFE & UNSAFE TOUCH FOR PRIMARY STUDENTS OF JGS, HABSIGUDA







SESSION ON SAFE & UNSAFE TOUCH FOR PRE PRIMARY STUDENTS AT JGS, HABSIGUDA







SAFETY ORIENTATION SESSION FOR SUB STAFF AT JGS, HABSIGUDA







SENSITIZATION OF BLUE COLOR STAFF ON CORPORAL PUNISHMENT, ABUSES AND PREVENTION AT JGS, HABSIGUDA







DRIVER ETIQUETTE TRAINING FOR THE DRIVERS OF JGS, HABSIGUDA & MALLAPUR







TRANSPORT SAFETY AT JGS, HABSIGUDA









SAFE ARRIVALS AND DISPERSAL











PARENT ORIENTATION ON HEALTH SAFETY & CHILD PROTECTION





SPECIAL ASSEMBLIES ON HEALTH SAFETY & CHILD PROTECTION









MOCK FIRE DRILLS AT JOHNSON GRAMMAR SCHOOL, HABSIGUDA







AWARENESS SESSIONS FOR STUDENTSON HEALTH SAFETY & CHILD PROTECTION















TRAINING ON BASIC FIRST AID FOR THE STAFF OF JGS, HABSIGUDA & MALLAPUR







FIRE SAFETY TRAINING AT AMANORA SCHOOL FOR SCHOOL STAFF, PUNE







HEALTH CHECKUP FOR THE STUDENTS AT TATTVA SCHOOL, BANGALORE









SESSION ON GOOD TOUCH & BAD TOUCH FOR THE PRIMARY SCHOOL STUDENTS OF RYAN INTERNATIONAL SCHOOL, PUNE







FIRST AID TRAINING FOR HK STAFF AT TATTVA SCHOOL, PUNE









MOCK FIRE DRILL, JOHNSON GRAMMAR SCHOOL, MALLAPUR







SESSION ON PREVENTING CORPORAL PUNISHMENT AT RIA, KANAKPURA











BULLYING AWARENESS SESSION DONE FOR STUDENTS FROM HEALTH BASIX AT TATTVA SCHOOL, BANGALORE





SCHOOL HEALTH SAFETY & MANAGEMENT SYSTEM AUDIT DONE BY BUREAU VERITAS AT JOHNSON GRAMMAR SCHOOL, HABSIGUDA AND RECEIVED GREEN RATING WITH 99.2%









CHILD PROTECTION AUDIT DONE BY HEALTH BASIX AT JOHNSON GRAMMAR SCHOOL, HABSIGUDA







POCSO SESSION FOR DRIVERS AT AMANORA SCHOOL, PUNE









MONTHLY HSCP MEETINGS AT JGS, HABSIGUDA







INDUCTION SESSION ON HEALTH & SAFETY FOR THE STUDENTS AT JGS, HABSIGUDA







ANNUAL HEALTH CHECK UPS FOR THE STUDENTS AT JGS, HABSIGUDA













STUDENT AWARENESS SESSIONS AT JGS, HABSIGUDA





HSCP TRAINING CONDUCTED FOR STAFF AT RIAH







APPENDIX A

SURVEY COVER LETTER

To.

The Principal,

Johnson Grammar School

St No: 3, Kakatiya Nagar

Habsiguda, Hyderabad-7

Telangana

Subject: Request for Participation in Research Survey on Health, Safety, and Child

Protection in K12 Schools

Dear Sir / Madam

I hope this letter finds you in good health and high spirits. My name is B ChandraSekhar,

and I am currently pursuing my Doctorate Degree inBusiness Administration] at the Swiss

School of Business, Geneva. As part of my thesis, I am conducting research on the topic

"The Importance of Health, Safety, and Child Protection in K12 Schools."

The objective of this study is to understand the policies, practices, and challenges related

to health, safety, and child protection in schools, with a focus on how these measures

impact students, staff, and the overall school environment. Your school's participation in

this research would provide valuable insights and contribute to the development of best

practices in this critical area.

I kindly request your permission to conduct a survey at your school. The survey will be

directed to school Teachers, staff, Students and Parents and will focus on the following

areas:

1. Existing health and safety policies in the school.

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2. Measures in place for child protection.

3. Challenges faced in implementing these policies.

4. Suggestions for improvement.

The survey will take approximately 10-15 minutes to complete and can be conducted

online or in person, as per your convenience. All responses will be kept confidential and

used solely for academic purposes.

Your school's participation would be invaluable to this research, and I would be happy to

share the findings of the study with you upon its completion. Please let me know a

convenient time to proceed or if you require any additional information.

I look forward to your positive response. Thank you for considering this request and for

your contribution to advancing knowledge in this important field.

Warm regards,

B Chandra Sekhar

Administrator

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APPENDIX B INFORMED CONSENT



JOHNSON GRAMMAR SCHOOL I.C.S.E°

St.3 Kakatiya Nagar Habsiguda Hyderabad - 500 007. Ph: 7661046611 / 7661046644 / 040 - 27171683 Email: jgschoolicse@yahoo.com www.jgschool.org (Affiliated to the Council for the Indian School Certificate Examinations, New Delhi)



25.03.2023

NO OBJECTION CERTIFICATE

Dear Mr. B.Chandra Sekhar,

We are pleased to grant you permission to conduct your research within our organization for your doctorate degree. We appreciate your interest in studying our organization and hope that your research will prove to be valuable to both you and our organization.

As a part of the research process, we would like to provide you with access to our facilities and data, subject to the applicable regulations and laws. We also request that you adhere to the ethical principles and guidelines set forth by our organization, as well as any relevant regulations and laws.

To facilitate your research, we will provide you with a NOC (No Objection Certificate) which will enable you to conduct your research within our organization. Please note that this NOC is valid only for the duration of your research and is non-transferable. Mrs.Kumud Emani, the HSCP Coordinator of the school (kumud.emani@jgschool.org) will be the contact source to facilitate any arrangements required.

We wish you all the best in your research endeavours and look forward to the successful completion of your doctorate degree.

Sincerely,

D. Soraswathi Rao

Johnson Grammar School, ICSE

Habsig RAI HOLPAL bad-7 JOHNSON GRAMMAR SCHOOL, ICSE HABSIGUDA, HYDERABAD-7







JOHNSON GRAMMAR SCHOOL ICSE & ISC

MALLAPUR Since 1979

Plot No. A/16, Mallapur Road, Nacharam, Uppal Mandal, Malkajgiri Medchal District, Hyderabad – 500 076. Ph: 7661046622 / 7661046633 / 040 - 27154869

Email: jgsseniorschoolicse@gmail.com, jgsicsenewwing2017@gmail.com, www.jgschool.org
(Affiliated to the Council for the Indian School Certificate Examinations, New Delhi)



25.03.2023

NO OBJECTION CERTIFICATE

Dear Mr. Basaboina Chandra Sekhar,

We are pleased to grant you permission to conduct your research within our organization for your doctorate degree. We appreciate your interest in studying our organisation and hope that your research will prove to be valuable to both you and our organization.

As a part of the research process, we would like to provide you with access to our facilities and data, subject to the applicable regulations and laws. We also request that you adhere to the ethical principles and guidelines set forth by our organization, as well as any relevant regulations and laws.

To facilitate your research, we will provide you with a NOC (No Objection Certificate) which will enable you to conduct your research within our organization. Please note that this NOC is valid only for the duration of your research and is non-transferable.

We wish you all the best in your research endeavors and look forward to the successful completion of your doctorate degree.

Sincerely,

Principal Principal JOHNSON GRAMMAR SCHOOL (I.C S E

MAJOHASON Grammar School, ICSE & ISC,

Mallapur Road, Nacharam, Hyderabad – 500 076 Telangana State, INDIA The Joy of Being

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Weblinks

Child Welfare Information Gateway

A resource from the U.S. Department of Health & Human Services, offering a variety of

publications and links on child protection, maltreatment, and child welfare.

Link: https://www.childwelfare.gov

National Society for the Prevention of Cruelty to Children (NSPCC)

The NSPCC provides resources and training on child protection in the UK, including

safeguarding in schools.

Link: https://www.nspcc.org.uk

Child Protection in Schools - UNESCO

This UNESCO page offers tools and guidelines for implementing child protection

policies in schools worldwide.

Link: https://www.unesco.org/en/child-protection-schools

Trauma-Informed Care - National Child Traumatic Stress Network (NCTSN)

NCTSN offers information on trauma-informed practices, particularly how schools can

support children affected by trauma.

Link: https://www.nctsn.org

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Safe Schools Coalition

This resource provides tips, strategies, and guidelines for creating safe school environments for all students, with a focus on child protection.

Link: https://safeschoolscoalition.org

The National Center for Missing & Exploited Children (NCMEC)

NCMEC offers educational materials about child protection and the prevention of child exploitation in schools and communities.

Link: https://www.missingkids.org

Child Abuse Prevention and Treatment Act (CAPTA)

The U.S. government site outlining the Child Abuse Prevention and Treatment Act and related legislation.

Link: https://www.acf.hhs.gov/cb/resource/capta-public-law

School Safety and Child Protection - Department for Education (UK)

This UK government page provides guidance on safeguarding and child protection in schools.

Link: https://www.gov.uk/government/organisations/department-for-education

The Child Protection Unit - Australian Institute of Family Studies

This unit offers research on child protection, including resources for school staff.

Link: https://aifs.gov.au

Preventing Child Abuse and Neglect: A Public Health Approach - CDC

The Centers for Disease Control and Prevention provides a public health perspective on preventing child abuse and neglect.

Link: https://www.cdc.gov/violenceprevention/childabuseandneglect/index.html

Protection of Children from Sexual Offences (POCSO) Act, 2012

This act specifically addresses sexual offenses against children and mandates schools to

create a safe environment for students.

Link: https://ncpcr.gov.in

Juvenile Justice (Care and Protection of Children) Act, 2015

This act provides a legal framework for the protection of children in India, including those in educational institutions.

Link: https://wcd.nic.in

Ayushman Bharat - School Health Programme

Ministry of Health and Family Welfare, Government of India.

Link: https://www.mohfw.gov.in

